

BSc (Hons) Sports Therapy and Rehabilitation with Foundation Year in Sport and Exercise

SPRTTRFY

Duration:	4 years full-time
Total credit rating:	360
Course code:	BC61
Award Aim:	BSc (Hons) - 360 credits
Subsidiary awards:	Ordinary Degree (with Foundation Year) Sports Rehabilitation Dip HE (with Foundation Year) Sports Rehabilitation Cert HE (with Foundation Year) Sports Rehabilitation Foundation Certificate

Foundation Year

Entry requirements: see Undergraduate Prospectus

Core:	Students are required to take:		
SHN3113	Academic Skills and Studying with Confidence	Sem 1 & 2	30 credits
SHN3103	Project	Sem 1 & 2	30 credits
SHN3123	Promoting Exercise, Physical Activity and Health	Sem 1 & 2	30 credits
SHN3133	Scientific Principles with Sport	Sem 1 & 2	30 credits

Level 4

Progression Requirements: 120 credits from Foundation Year

Core:	Students are required to take:		
SHN4045	Introduction to Anatomy and Physiology	Sem 1	15 credits
SHN4035	Fundamentals of Human Movement	Sem 1	15 credits
SHN4065	Introduction to Sport Psychology	Sem 1	15 credits
SHN4015	Functional Anatomy for Sport and Exercise Therapy	Sem 1	15 credits
SHN4113#	Skills for Sports Therapy#	Sem 2	30 credits
SHN4143#	Professional Skills in Sport, Exercise and Health#	Sem 2	30 credits

Level 5

Progression Requirements: 120 credits from Level 4

SHN5035	Physiology of Training	Sem 1	15 credits
SHN5173#	Assessment and Management of Peripheral Injuries#	Sem 1	30 credits
SHN5103	Applying Professional Skills in Sport, Exercise and Health	Sem 1 & 2	30 credits
SHN5183#	Sports Injury Rehabilitation#	Sem 2	30 credits
SHN5055	Research Methods and Enquiry	Sem 2	15 credits

Level 6

Progression Requirements: 120 credits from Level 5

Core:	Students are required to take:		
SHN6033	Independent Project	Sem 1 & 2	30 credits
SHN6143	Professional Learning Through Work in Sport Sciences	Sem 1 & 2	30 credits
SHN6123	Sports Therapy in Practice	Sem 1	30 credits
SHN6203	Interventions and S&C in Rehabilitation	Sem 2	30 credits

denotes modules that are a pre-requisite for progression to the following year:

- SHN4113 Skills for Sports Therapy
- SHN4143 Professional Skills in Sport, Exercise and Health
- SHN5173 Assessment and Management of Peripheral Injuries
- SHN5183 Sports Injury Rehabilitation

Please note that the above modules are core sports therapy modules and contain a practical component and therefore allow demonstration of safe and effective practice which is required by The Society of Sports Therapists before the student can progress to the subsequent academic year.