

**BSc (Hons) Sports Therapy and Rehabilitation with Foundation Year in Sport and Health****STHRWFY**

<b>Duration:</b>	4 years full-time
<b>Total credit rating:</b>	360
<b>Course code:</b>	BC61
<b>Award Aim:</b>	BSc (Hons) - 360 credits
<b>Subsidiary awards:</b>	Ordinary Degree (with Foundation Year) Sports Rehabilitation Dip HE (with Foundation Year) Sports Rehabilitation Cert HE (with Foundation Year) Sports Rehabilitation Foundation Certificate

**Foundation Year**

Entry requirements: see Undergraduate Prospectus

<b>Core:</b>	<b>Students are required to take:</b>		
SHN3113	Academic Skills and Studying with Confidence	Sem 1 & 2	30 credits
SHN3103	Project	Sem 2	30 credits
SHN3013	Being Healthy in a Modern World	Sem 1 & 2	30 credits
SHN3003	Introduction to Sport and Exercise	Sem 1 & 2	30 credits

**Level 4** – with effect from September 2021

Progression Requirements: 120 credits from Foundation Year

<b>Core:</b>	<b>Students are required to take:</b>		
SHN4093	Assessing Psychological and Physiological Needs in Sport, Exercise and Health	Sem 1	30 credits
SHN4103	Fundamentals in Sport, Exercise and Health	Sem 1	30 credits
SHN4113	Skills for Sports Therapy <sup>#</sup>	Sem 2	30 credits
SHN4143	Professional Skills in Sport, Exercise and Health <sup>#</sup>	Sem 2	30 credits

**Level 5** – with effect from September 2019

<b>Core:</b>	<b>Students are required to take:</b>		
SHN5152	Professional Development and Placement	Sem 1 & 2	20 credits
SHN5272	Strength and Conditioning in Practice	Sem 1	20 credits
SHN5142	Research Methods 2	Sem 2	20 credits
SHN5282	Principles of Exercise Rehabilitation 1	Sem 2	20 credits
SHN5292	Injury Treatment Modalities 1	Sem 2	20 credits
SHN5042	Sport Psychology: Principles of Practice	Sem 1	20 credits

**Level 5** – with effect from September 2022

Progression Requirements: 120 credits from Level 4

SHN5035	Physiology of Training	Sem 1	15 credits
SHN5085	Assessment and Management of Peripheral Injuries <sup>#</sup>	Sem 1	30 credits
SHN5103	Applying Professional Skills in Sport, Exercise and Health	Sem 1 & 2	30 credits
SHN5045	Sports Injury Rehabilitation <sup>#</sup>	Sem 2	30 credits
SHN5055	Research Methods and Enquiry	Sem 2	15 credits

**Level 6** – with effect from September 2020

<b>Core:</b>	<b>Students are required to take:</b>		
SHN6164	Dissertation	Sem 1 & 2	40 credits
BMM6302	Entrepreneurship and Creativity	Sem 1 & 2	20 credits

SHN6392	Principles of Exercise Rehabilitation 2	Sem 1	20 credits
SHN6372	Injury Treatment Modalities 2	Sem 2	20 credits
<b>Option:</b>	<b>Students are required to choose 20 credits from:</b>		
SHN6192	Professional Learning Through Work	Sem 1 & 2	20 credits
SHN6402	Exercise Referral	Sem 2	20 credits
SHN6352	Skill Acquisition and Motor Control	Sem 1	20 credits
SHN6382	Clinical Movement Screening and Correction	Sem 2	20 credits

**Level 6** – with effect from September 2023

Progression Requirements: 120 credits from Level 5

<b>Core:</b>	<b>Students are required to take:</b>		
SHN6033	Independent Project	Sem 1 & 2	30 credits
SHN6143	Professional Learning Through Work	Sem 1 & 2	30 credits
SHN6123	Sports Therapy in Practice	Sem 1	30 credits
SHN6203	Interventions and S&C in Rehabilitation	Sem 2	30 credits

# denotes modules which contain a practical component and therefore allow demonstration of safe and effective practice which is required by The Society of Sports Therapists before the student can progress to the subsequent academic year.