

BA (Hons) Physical Education and Sports Coaching with Foundation Year in Sport and Health**PEDSCFY**

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|-----------------------------|---|
| Duration: | 4 years full-time |
| Total credit rating: | 360 |
| UCAS code: | C601 |
| Award aim: | BA (Hons) 360 credits |
| Subsidiary awards: | DipHE (240 credits) CertHE (120 credits) Foundation Certificate |

Foundation Year - with effect from September 2019

Please refer to prospectus for entry requirements

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|--------------|--|-----------|------------|
| Core: | Students are required to take: | | |
| SHN3113 | Academic Skills and Studying with Confidence | Sem 1 & 2 | 30 credits |
| SHN3103 | Project | Sem 2 | 30 credits |
| SHN3013 | Being Healthy in a Modern World | Sem 1 & 2 | 30 credits |
| SHN3003 | Introduction to Sport and Exercise | Sem 1 & 2 | 30 credits |

Level 4 with effect from September 2021

Progression Requirements: 120 credits from Foundation Year

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|--------------|---|-------|------------|
| Core: | Students are required to take: | | |
| SHN4053 | Introduction to Coaching and Teaching | Sem 1 | 30 credits |
| SHN4063 | Policy and Practice in Sport and Physical Education | Sem 1 | 30 credits |
| SHN4073 | Sociology and Psychology of Physical Education and Coaching | Sem 2 | 30 credits |
| SHN4083 | Scientific Principles of Physical Education and Coaching | Sem 2 | 30 credits |

Level 5

Progression Requirements: 120 credits from Level 4

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|--------------|---------------------------------------|-------|------------|
| Core: | Students are required to take: | | |
| SHN5142 | Research Methods 2 | Sem 2 | 20 credits |

Options: Students must select 20 credits from each group, from Groups 1-3 no more than 2 modules from Physical Education or Sports Coaching should be taken.

Group 1:

| | | | |
|----------------|---|-------|------------|
| Option: | Students are required to choose 20 credits from: | | |
| SHN5022 | Physical Activity for Health | Sem 1 | 20 credits |
| SHN5042 | Sport Psychology: Principles of Practice | Sem 1 | 20 credits |

Group 2:

| | | | |
|----------------|--|-------|------------|
| Option: | Students are required to choose 20 credits from: | | |
| SHN5202 | Coaching and Assessment of Performance | Sem 1 | 20 credits |
| SHN5032 | Scientific Principles of Physical Education: Biomechanics | Sem 2 | 20 credits |

Group 3:

| | | | |
|----------------|---|-------|------------|
| Option: | Students are required to choose 20 credits from: | | |
| SHN5012 | Applied Pedagogy in Physical Education | Sem 1 | 20 credits |
| SHN5332 | Coaching Pedagogy | Sem 2 | 20 credits |

Group 4:

| | | | |
|----------------|---|---------|------------|
| Option: | Students are required to choose 20 credits from: | | |
| SHN5152 | Professional Development and Placement 2 | Sem 1&2 | 20 credits |
| SHN5162 | Volunteering in SHN | Sem 1&2 | 20 credits |

Group 5:

| Option: | Students are required to choose a further 20 credits from: | | |
|----------------|---|-------|------------|
| SHN5272 | Strength and Conditioning in Practice | Sem 1 | 20 credits |
| SHN5242 | Event Management | Sem 2 | 20 credits |
| SHN5342 | Growth and Development of the Athlete | Sem 1 | 20 credits |
| SHN5302 | Advanced Training Methods** | Sem 2 | 20 credits |

**An additional REPS endorsed L3 Personal Training qualification can be gained alongside this module subject to students having L2 Gym Instructor equivalent

Level 5 - with effect from September 2022

Progression Requirements: 120 credits from Level 4

| Core: | Students are required to take: | | |
|--------------|--|---------|------------|
| SHN5073 | Applied Pedagogy - Models Based Practice | Sem 1 | 30 credits |
| SHN5033 | Integrated Coaching and Assessment of Performance | Sem 1&2 | 30 credits |
| SHN5083 | Applied Scientific Principles within Physical Education and Coaching | Sem 2 | 30 credits |
| SHN5093 | Applying Professional Skills in Physical Education and School Sport | Sem 2 | 30 credits |

Level 6

Progression Requirements: 120 credits from Level 5

| Core: | Students are required to take: | | |
|--------------|---------------------------------------|---------|------------|
| SHN6012 | Contemporary Debates in PE | Sem 2 | 20 credits |
| SHN6164 | Dissertation | Sem 1&2 | 40 credits |

| Option: | Students are required to choose 20 credits from: | | |
|----------------|---|-------|------------|
| SHN6002 | Inclusive Physical Education | Sem 1 | 20 credits |
| SHN6342 | Professional Practice in Coaching | Sem 2 | 20 credits |

| Options: | Students are required to choose 40 credits from the following: | | |
|-----------------|---|---------|------------|
| SHN6302 | Applied Strength and Conditioning | Sem 2 | 20 credits |
| SHN6282 | Community Sport Development | Sem 2 | 20 credits |
| SHN6192 | Professional Learning Through Work | Sem 1&2 | 20 credits |
| BMM6302 | Entrepreneurship and Creativity | Sem 1&2 | 20 credits |
| SHN6402 | Exercise Referral*** | Sem 2 | 20 credits |

***An additional REPS endorsed L3 Exercise Referral qualification can be gained alongside this module subject to students having L2 Gym Instructor equivalent

Level 6 - with effect from: September 2023

Progression Requirements: 120 credits from Level 5

| Core: | Students are required to take: | | |
|--------------|--|---------|------------|
| SHN6033 | Independent Project | Sem 1&2 | 30 credits |
| SHN6083 | Working in Physical Education and School Sport | Sem 1&2 | 30 credits |

| Option: | Students are required to choose 30 credits from the following modules* | | |
|----------------|---|-------|------------|
| SHN6103 | Contemporary Debates in Physical Education and School Sport | Sem 1 | 30 credits |
| SHN6053 | Performance Coaching | Sem 1 | 30 credits |

Option: Students are required to choose 30 credits from the following modules*

| | | | |
|---------|--|-------|------------|
| SHN6093 | Inclusive Physical Education and School Sport | Sem 2 | 30 credits |
| SHN6073 | Development of the Profession and the Professional | Sem 2 | 30 credits |

***Note:** Students to select one module from Semester 1 and one module from Semester 2 (2 x 30 credit option modules in total to equal 60 credits)