

MSc HEALTH AND WELLBEING**HLWELB**

Duration:	1 or 1.5 years full-time / 2 or 2.5 years part-time
Total credit rating:	180 (90 ECTS)
Award aim:	Master of Science (MSc) 180 credits
Subsidiary awards:	Postgraduate Diploma 120 credits Postgraduate Certificate 60 credits

For students registered from September 2021 onwards**Full Time** - with effect from September 2021

Core:	Students are required to take:		
SHN7023	Leading and Managing Change in Health and Wellbeing	Sem 1	30 credits
SHN7033	Research Practice	Sem 2	30 credits
Option Sem 1:	Students are required to choose 30 credits from:		
SHN7043	Mental Health and Wellbeing in Contemporary Society	Sem 1	30 credits
SHN7053	Weight Management: Social and Behavioural Aspects	Sem 1	30 credits
SHN7063	The Healthy Environment	Sem 1	30 credits
Option Sem 2:	Students are required to choose 30 credits from:		
SHN7073	Workplace Wellbeing	Sem 2	30 credits
SHN7083	Healthy Ageing	Sem 2	30 credits
SHN7093	Contemporary Issues for Specific Populations	Sem 2	30 credits
Core:	Students are required to choose one of the two 60 credit options for study either Summer after Sem 2, or Year 2 Sem 1.		
SHN7106	Dissertation	Sem 2/Summer (1 yr FT mode) or Sem 1/Year 2 (1.5 yr FT mode)	60 credits
or			
SHN7116	Work-Based Project	Sem 2/Summer (1 yr FT mode) or Sem 1/Year 2 (1.5 yr FT mode)	60 credits

Part-time: Year 1 - with effect from September 2021

Core:	Students are required to take:		
SHN7023	Leading and Managing Change in Health and Wellbeing	Sem 1	30 credits
Option:	Students are required to choose 30 credits from:		
SHN7073	Workplace Wellbeing	Sem 2	30 credits
SHN7083	Healthy Ageing	Sem 2	30 credits
SHN7093	Contemporary Issues for Specific Populations	Sem 2	30 credits

Part-time: Year 2 – with effect from September 2022

Option:	Students are required to choose 30 credits from:		
SHN7043	Mental Health and Wellbeing in Contemporary Society	Sem 1	30 credits
SHN7053	Weight Management: Social and Behavioural Aspects	Sem 1	30 credits
SHN7063	The Healthy Environment	Sem 1	30 credits
Core:	Students are required to take:		
SHN7033	Research Practice	Sem 2	30 credits
Core:	Students are required to choose of the two 60 credit options for study either Year 2 Sem 2 or Year 2 Summer period or Year 3 Sem 1.		
SHN7106	Dissertation	Sem 2 (Summer) (2 yr PT mode) or Sem 1 (Year 3) (2.5 yr PT mode)	60 credits
SHN7116	Work-Based Project	Sem 2 (Summer) (2 yr PT mode) or Sem 1 (Year 3) (2.5 yr PT mode)	60 credits

Progression to MSc Health and Wellbeing from PGCert in Health and Wellbeing in the Workplace**Part-time**

Option:	Students are required to take one 30 credit option from:		
SHN7043	Mental Health and Wellbeing in Contemporary Society	Sem 1	30 credits
SHN7053	Weight Management: Social and Behavioural Aspects	Sem 1	30 credits
SHN7063	The Healthy Environment	Sem 1	30 credits
Core:	Students are required to take:		
SHN7033	Research Practice	Sem 2	30 credits
Core:	Students are required to choose one of the two 60 credit options for study either Summer after Sem 2, or Sem 1 of the following year:		
SHN7106	Dissertation	Sem 2/ Sem 1 (year 3)	60 credits
SHN7116	Work-Based Project	Sem 2/ Sem 1 (year 3)	60 credits

For students registered prior to September 2021**Full Time**

Core:	Students are required to take:		
SHN7002	Context, Consensus and Controversy in Health and Wellbeing	Sem 1	20 credits
SHN7012	Mental Health and Wellbeing in Contemporary Society	Sem 1	20 credits
SHN7072	Research Practice	Sem 2	20 credits
SHN7092	Weight Management: Social and Behavioural Aspects	Sem 2	20 credits
Option:	Students are required to choose 40 credits from:		
SHN7062	The Healthy Environment	Sem 1	20 credits
SHN7082	Workplace Wellbeing	Sem 1	20 credits
SHN7042	Healthy Ageing	Sem 2	20 credits
SHN7022	Contemporary Issues for Specific Populations	Sem 2	20 credits

Progression Requirements: Students must have completed 120 credits before commencing the Dissertation or Work Based Project.

Core:	Students are required to choose one of the two 60 credit options for study either Summer after Sem 2, or Year 2 Sem 1		
SHN7016	Dissertation	Sem 2/Summer [1yr FT] Sem 1 [1.5yr FT]	60 credits
SHN7026	Work-Based Project	Sem 2/Summer [1yr FT] Sem 1 [1.5yr FT]	60 credits

Part-time Year 1

Core:	In Year 1, students are required to take:		
SHN7002	Context, Consensus and Controversy in Health and Wellbeing	Sem 1	20 credits
SHN7012	Mental Health and Wellbeing in Contemporary Society	Sem 1	20 credits
SHN7072	Research Practice	Sem 2	20 credits
SHN7092	Weight Management: Social and Behavioural Aspects	Sem 2	20 credits

Part-time Year 2

Option:	In Year 2, students are required to choose 40 credits from:		
SHN7062	The Healthy Environment	Sem 1	20 credits
SHN7082	Workplace Wellbeing	Sem 1	20 credits

SHN7042	Healthy Ageing	Sem 2	20 credits
SHN7022	Contemporary Issues for Specific Populations	Sem 2	20 credits

Progression Requirements: Students must have completed 120 credits before commencing the Dissertation or Work Based Project.

Core: Students are required to choose one of the two 60 credit options for study either Year 2 Sem 2, Year 2 Summer period, or Year 3 Sem 1

SHN7016	Dissertation	Sem 2/Summer [2yr PT] Sem 1 [2.5yr PT]	60 credits
SHN7026	Work-Based Project	Sem 2/Summer [2yr PT] Sem 1 [2.5yr FT]	60 credits