

BSc (Hons) Sports Therapy and Rehabilitation

SPTHARB

Duration: 3 years full-time / 6 years part-time
Total credit rating: 360
Course code: C630
Award Aim: BSc (Hons) – 360 credits
Subsidiary awards: Dip He – 240 credits
 Cert HE – 120 credits

Level 4 – with effect from September 2018**Core:** Students are required to take:

SHN 4992	Ethics Society and Employability*	Sem 1 & 2	20 credits
SHN 4282	Anatomy and Physiology	Sem 1	20 credits
SHN 4112	Sport Injury and Musculoskeletal Assessment*	Sem 1	20 credits
SHN 4312	Performance Analysis	Sem 2	20 credits
SHN 4142	Research Methods*	Sem 2	20 credits
SHN 4212	Soft Tissue Techniques	Sem 2	20 credits
SHN 4000	Programme Level Assessment	Sem 2	0 credits

*represents modules taken in year 2 of part-time route

Level 5 – with effect from September 2019**Core:** Students are required to take:

SHN 5152	Professional Development and Placement*	Sem 1 & 2	20 credits
SHN 5262	Sport Psychology: Theory to Practice	Sem 1	20 credits
SHN 5272	Strength and Conditioning in Practice	Sem 1	20 credits
SHN 5142	Research Methods 2*	Sem 2	20 credits
SHN 5282	Principles of Exercise Rehabilitation 1*	Sem 2	20 credits
SHN 5292	Injury Treatment Modalities 1	Sem 2	20 credits

*represents modules taken in year 4 of part-time route

Level 6 – with effect from September 2020**Core:** Students are required to take:

SHN 6164	Dissertation*	Sem 1 & 2	40 credits
BMM 6302	Entrepreneurship and Creativity*	Sem 1 & 2	20 credits
SHN 6392	Principles of Exercise Rehabilitation 2	Sem 1	20 credits
SHN 6372	Injury Treatment Modalities 2	Sem 2	20 credits

Option: Students are required to choose 20 credits from:

SHN 6192	Professional Learning Through Work	Sem 1 & 2	20 credits
SHN 6402	Exercise Referral for Special Populations	Sem 2	20 credits
SHN 6352	Skill Acquisition and Motor Control	Sem 1	20 credits
SHN 6382	Clinical Movement Screening and Correction	Sem 2	20 credits

*represents modules taken in year 6 of part-time route

Part-Time**Year 1** - with effect from September 2018**Core:** Students are required to take:

SHN 4282	Anatomy and Physiology	Sem 1	20 credits
SHN 4312	Performance Analysis	Sem 2	20 credits
SHN 4212	Soft Tissue Techniques	Sem 2	20 credits

Programme-level assessment: This takes place at the end of the academic year.**Year 2** - with effect from September 2019**Core:** Students are required to take:

SHN 4992	Ethics Society and Employability*	Sem 1 & 2	20 credits
SHN 4112	Sport Injury and Musculoskeletal Assessment*	Sem 1	20 credits
SHN 4142	Research Methods*	Sem 2	20 credits

Programme-level assessment: This takes place at the end of the academic year.**Year 3** - with effect from September 2020**Core:** Students are required to take:

SHN 5262	Sport Psychology: Theory to Practice	Sem 1	20 credits
SHN 5272	Strength and Conditioning in Practice	Sem 1	20 credits
SHN 5292	Injury Treatment Modalities 1	Sem 2	20 credits

Year 4 - with effect from September 2021**Core:** Students are required to take:

SHN 5152	Professional Development and Placement	Sem 1 & 2	20 credits
SHN 5142	Research Methods 2	Sem 2	20 credits
SHN 5282	Principles of Exercise Rehabilitation 1	Sem 2	20 credits

Year 5 - with effect from September 2022**Core:** Students are required to take:

SHN 6392	Principles of Exercise Rehabilitation 2	Sem 1	20 credits
SHN 6372	Injury Treatment Modalities 2	Sem 2	20 credits

Option: Students are required to choose 20 credits from:

SHN 6192	Professional Learning Through Work	Sem 1 & 2	20 credits
SHN 6402	Exercise Referral for Special Populations	Sem 2	20 credits
SHN 6352	Skill Acquisition and Motor Control	Sem 1	20 credits
SHN 6382	Clinical Movement Screening and Correction	Sem 2	20 credits

Year 6 - with effect from September 2023**Core:** Students are required to take:

SHN 6164	Dissertation	Sem 1 & 2	40 credits
BMM 6302	Entrepreneurship and Creativity	Sem 1 & 2	20 credits