SPORT, HEALTH, EXERCISE AND NUTRITION

SHENUSH

Duration: 3 years full-time / 6 years part-time

Total credit rating: 360 Code: CB64

Award Aim: BSc (Hons) – 360 credits
Subsidiary awards: Dip HE – 240 credits
Cert HE – 120 credits

Level 4 – no longer available for study

<u>Level 5 – no longer available for study</u>

<u>Level 6 – available for study 2017/18 only</u>

Progression requirements: 120 credits from Level 4 and 120 credits from Level 5

Core: SHN 6102 SHN 6202 SHN 6164	Students are required to take: Nutrition and Physiology across the Life Span Physical Activity and Behaviour Change Dissertation	Semester 1 Semester 2 Semester 1&2	20 credits 20 credits 40 credits
and are required to choose 40 credits from:.			
SHN 6212	Performance Physiology	Semester 1	20 credits
SHN 6222	Sports Injury	Semester 1	20 credits
SHN 6232	Youth Sport and Health	Semester 1	20 credits
SHN 6242	Applied Biomechanics and Movement Analysis	Semester 1	20 credits
SHN 6252	Advanced Sport and Performance Nutrition	Semester 2	20 credits
SHN 6262	Sport in Society	Semester 2	20 credits
SHN 6192	Professional Learning Through Work	Semester 1&2	20 credits