

MSc HEALTH AND WELLBEING

Duration:	2.5 years part-time 1.5 years full-time
Total credit rating:	180
Award aim:	Master of Science (MSc) 180 credits
Subsidiary awards:	Postgraduate Diploma 120 credits Postgraduate Certificate 60 credits

September start Sem 1 = Sept to Jan, Sem 2 = Feb to June**Full time study**

Core:	Students are required to take:		
SHN 7005	Context, Controversy and Consensus in Health and Wellbeing	Sem 1	15 credits
SHN 7035	Exercise Behaviour across the Lifespan	Sem 1	15 credits
SHN 7105	Professional Practice	Sem 1	15 credits
SHN 7075	Research Practice	Sem 1	15 credits
SHN 7015	Critical Analysis & Evaluation of International Health Strategies	Sem 2	15 credits
SHN 7065	The Healthy Environment	Sem 2	15 credits
SHN 7095	Weight Management: Social and Behavioural Aspects	Sem 2	15 credits

and are required to choose 15 credits from:

SHN 7045	Healthy Ageing	Sem 2	15 credits
SHN 7085	Workplace Wellbeing	Sem 2	15 credits
SHN 7055	Emotional Health and Wellbeing in Contemporary Society	Sem 2	15 credits

Dissertation for the award of MSc

Progression requirements: 120 credits

Core:	Students are required to take:		
SHN 7016	Dissertation	Sem 1 (year 2)	60 credits

Part time study**Year 1**

September start = semester 1 September to January

Core:	Students are required to take:		
SHN 7005	Context, Controversy and Consensus in Health and Wellbeing	Sem 1	15 credits
SHN 7035	Exercise Behaviour across the Lifespan	Sem 1	15 credits
SHN 7015	Critical Analysis & Evaluation of International Health Strategies	Sem 2	15 credits
SHN 7065	The Healthy Environment	Sem 2	15 credits

Year 2

Core:	Students are required to take:		
SHN 7105	Professional Practice	Sem 1	15 credits
SHN 7075	Research Practice	Sem 1	15 credits
SHN 7095	Weight Management: Social and Behavioural Aspects	Sem 2	15 credits

and are required to choose 15 credits from:

SHN 7045	Healthy Ageing	Sem 2	15 credits
SHN 7085	Workplace Wellbeing	Sem 2	15 credits
SHN 7055	Emotional Health and Wellbeing in Contemporary Society	Sem 2	15 credits

End of Year 2 for the award of MSc

Progression requirements: 120 credits

Core:	Students are required to take:		
SHN 7016	Dissertation	Sem 1 (year 3)	60 credits