

Sport and Exercise Sciences (Sports Psychology)

Duration: 3 years full-time / 6 years part-time
Total credit rating: 360
Course code: C600
Award Aim: BSc (Hons) – 360 credits
Subsidiary awards: Dip HE – 240 credits
 Cert HE – 120 credits

Level 4

Please see Prospectus for entry requirements:

Core:	Candidates are required to take:		
SHN4402	Motor Performance and Development	Sem 1	20 credits
SHN4282	Anatomy and Physiology	Sem 1	20 credits
SHN4312	Performance Analysis	Sem 2	20 credits
SHN4302	Sport and Exercise Psychology	Sem 2	20 credits
SHN4142	Research Methods 1	Sem 2	20 credits
SHN4272	Professional Development and Placement 1	Sem 1 & 2	20 credits

Level 5

Progression requirements: 120 credits from Level 4.

Core:	Candidates are required to take:		
SHN5222	Biomechanical Analysis of Performance	Sem 1	20 credits
SHN5202	Coaching and Assessment of Performance	Sem 1	20 credits
SHN5262	Sport Psychology: Theory to Practice	Sem 2	20 credits
SHN5172	Physiology of Training	Sem 2	20 credits
SHN5142	Research Methods 2	Sem 2	20 credits

and are required to choose 20 credits from:

SHN5152	Professional Development and Placement 2	Sem 1	20 credits
SHN5162	Volunteering in SHN	Sem 1 & 2	20 credits

Level 6 – available for study 2015/16 onwards

Progression requirements: 120 credits from Level 4 and 120 credits from Level 5.

Core:	Candidates are required to take:		
SHN6292	Applied Sport Psychology	Sem 1 & 2	20 credits
SHN6152	Research Project	Sem 1 & 2	20 credits
(*SHN6164	<i>Dissertation* see note below</i>	Sem 1 & 2	40 credits)

and are required to choose 80 credits from:

SHN6222	Sports Injury	Sem 1	20 credits
SHN6212	Performance Physiology	Sem 1	20 credits
SHN6242	Applied Biomechanics and Movement Analysis	Sem 2	20 credits
SHN6202	Physical Activity and Behaviour Change	Sem 2	20 credits
PSY6462	Counselling Psychology	Sem 1 & 2	20 credits
SHN6192	Professional Learning through Work	Sem 1 & 2	20 credits

SHN6192 may not be taken with SHN6164

SHN6164 may not be taken with SHN6192

***SHN6164** Dissertation may not be taken without permission from the Module Leader, following approval candidates will be required to Drop SHN6152 and a further 20 Option credits.

*Students should normally have 60% for all components of Research Methods at Level 5 and an overall 2i mean score for all Level 5 modules is required.