

AY 14/15

**SPORT & EXERCISE WITH PSYCHOLOGY**

(SPEWPSY)

**Duration:** 3 years full-time/6 years part-time  
**Total credit rating:** 360  
**Code:** C6C8  
**Award:** BSc (HONS) 360 credits  
**Subsidiary awards:** Dip HE 240 credits  
Cert HE 120 credits

**Level 4 – no longer available for study**

**Level 5 – no longer available for study**

**Level 6 – available for study 2014/15 only**

Progression requirements:

Entry from 2013/14 onwards: 120 credits from Levels 4 and 5, or equivalent

Entry prior to 2013/14: minimum of 100 credits from Level 4 including SHN4702 or equivalent, and a minimum of 100 credits from Level 5 including SHN5722 ,or equivalent.

<b>Core:</b>	Candidates are required to take:		
SHN 6602	Research Project	Sem 1&2	20 credits
SHN 6712	Applied Sport Psychology	Sem 1&2	20 credits
(SHN6734	Dissertation *see note below	Sem 1&2	40 credits)

and are required to choose 40 credits from:

PSY 6052	Aspects of Health Psychology	Sem 1&2	20 credits
PSY 6422	Biopsychology of Stress & Health	Sem 1&2	20 credits
PSY 6032	Psychology and Work	Sem 1&2	20 credits
PSY 6462	Counselling and Coaching Psychology	Sem 1&2	20 credits

and are required to choose 40 credits from:

SHL 6342	Sport in Society	Sem 1&2	20 credits
SHL 6412	Eating Disorders/Sports Nutrition	Sem 1&2	20 credits
SHL 6422	Elite Physiology/Sports Nutrition	Sem 1&2	20 credits
SHN 6722	Physical Activity & Behaviour Change	Sem 1&2	20 credits
SHN 6742	Sport Injury/Sport Therapy	Sem 1&2	20 credits
SHN 6902	Professional Learning Through Work	Sem 1&2	20 credits

**NOTE:** SHL 6422 may not be taken with SHL6412  
SHL 6412 may not be taken with SHL 6422

**SHN6734** may not be taken without permission from the Module Leader, following approval candidates will be required to Drop SHN6602 Research project and a further 20 credit SHN Option module)