

## AY 2012/13 Programme Structure

### **SPORT , HEALTH, EXERCISE AND NUTRITION**

**Duration:** 3 years full-time/6 years part-time  
**Total credit rating:** 360  
**UCAS code:** CB64

#### **Level 4**

Please refer to the Prospectus for entry requirements.

<b>Core:</b>	Candidates are required to take:		
SHL 4302	Sociology/Psychology of Sport	Sem 1&2	20 credits
SHN 4612	Health and Well-being	Sem 1&2	20 credits
SHN 4622	Introduction to Food and Nutrition	Sem 1&2	20 credits
SHN 4702	Professional Development and Placement 1	Sem 1&2	20 credits
SHN 4662	Research Methods and Exercise Physiology	Sem 1&2	20 credits

and are required to choose 20 credits from:

SHL 4372	Active Children/Sport Development	Sem 1&2	20 credits
SHN 4812	Food Choice	Sem 1&2	20 credits
SHN 4722	Performance Analysis & Enhancement	Sem 1&2	20 credits

**NOTE:** Students identified as requiring specialist language support will take the following module in place of SHN4702

SML 4012	English Language, professional and Academic Development (international)	Sem 1& 2	20 credits
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#### **Level 5**

Progression requirements:

Entry from 2012/13 onwards: 120 credits from level 4, or equivalent

Entry prior to 2012/13: minimum of 100 credits from Level 4 including SHN4702 or SML4012 or equivalent

<b>Core:</b>	Candidates are required to take:		
SHN 5622	Promoting Nutrition/Community Fitness	Sem 1&2	20 credits

and are required to choose 20 credits from:

SHN 5662	Research Methods/Nutrition and Exercise	Sem 1&2	20 credits
SHN 5852	Research Methods/Assessment of Sport Performance	Sem 1&2	20 credits

and are required to choose 20 credits from:

SHN 5722	Professional Development and Placement II	Sem 1&2	20 credits
SHN 5692	Volunteering in SHN	Sem 1&2	20 credits

and are required to choose 60 credits from:

SHN 5682	Food Culture and Behaviour	Sem 1&2	20 credits
SHL 5362	Sport, Politics and History	Sem 1&2	20 credits
SHL 5372	Sports Psychology and Coaching	Sem 1&2	20 credits
SHN 5602	Nutritional Biochemistry	Sem 1&2	20 credits
SHN 5672	Physiology of Training 1 & 2	Sem 1&2	20 credits

#### **Level 6**

Progression requirements:

Entry from 2013/14 onwards: 120 credits from levels 4 and 5, or equivalent:

Entry prior to 2013/14: minimum of 100 credits from Level 4 including SHN4702 or equivalent, and a minimum of 100 credits from Level 5 including SHN5722 or FAS5002, or equivalent.

Candidates are required to choose one of the following Core modules:

SHN 6602	Research Project	Sem 1&2	20 credits
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SHN 6734	Dissertation	Sem 1&2	40 credits
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Candidates who select SHN6602 must select a further 100 credits from:

Candidates who select SHN6734 must select a further 80 credits from:

SHL 6342	Sport in Society	Sem 1&2	20 credits
SHL 6352	Community Sport Development/Special Populations	Sem 1&2	20 credits
SHL 6362	Community Sport Development/Leisure Management	Sem 1&2	20 credits
SHN 6612	Nutrition and Health Policies	Sem 1&2	20 credits
SHN 6622	Food Production and Manufacture	Sem 1&2	20 credits
SHN 6642	Eating Disorders/Nutrition and Performance	Sem 1&2	20 credits
SHN 6662	Elite Physiology/Nutrition and Performance	Sem 1&2	20 credits
SHN 6702	Eating Disorders/Gender, Age and Nutrition	Sem 1&2	20 credits
SHN 6712	Applied Sport Psychology	Sem 1&2	20 credits
SHN 6722	Physical Activity & Health Trainer	Sem 1&2	20 credits
SHN 6742	Sport Injury/Sport Therapy	Sem 1&2	20 credits
SHN 6902	Professional Learning Through Work	Sem 1&2	20 credits
SHN 6822	Healthy Weight: Practical Strategies	Sem 1&2	20 credits
SHN 6802	Sensory Evaluation & New Product Development	Sem 1&2	20 credits
SHN 6812	Functional Foods & Nutritional Supplements	Sem 1&2	20 credits
PSY 6052	Aspects of Health Psychology	Sem 1&2	20 credits

**NOTE:**

SHN 6702 may not be taken with SHN6642

SHN6642 may not be taken with SHN6662

SHL 6362 may not be taken with SHL 6352

Candidates are eligible to take SHN6902 only if they gain a good pass in SHN5722 or FAS5002

Candidates are eligible to take SHN6734 only if they gain a good pass in SHN5662 or SHN5852