

2011/12 Programme Structure

MSc HEALTH AND WELLBEING

Duration: 2 years part-time (plus Dissertation)
Total credit rating: 180

Year 1

Core: candidates are required to take:

SHN 7005	Context, Controversy and Consensus in Health and Wellbeing	Sem 1	15 credits
SHN 7015	Critical Analysis & Evaluation of International Health Strategies	Sem 2	15 credits

and are required to choose 15 credits from:

SHN 7025	Weight Management: Energy Balance, Appetite Control & Exercise	Sem 1	15 credits
SHN 7035	Exercise Behaviour across the Lifespan	Sem 1	15 credits

and are required to choose 15 credits from:

SHN 7045	Healthy Ageing	Sem 2	15 credits
SHN 7055	Emotional Health and Wellbeing in Contemporary Society	Sem 2	15 credits
SHN 7065	The Healthy Environment	Sem 2	15 credits

Year 2

Core: candidates are required to take:

SHN 7075	Research Practice	Sem 1	15 credits
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and are required to choose 15 credits from:

SHN 7085	Workplace Wellbeing	Sem 1	15 credits
SHN 7095	Weight Management: Social and Behavioural Aspects	Sem 1	15 credits
SHN 7035	Exercise Behaviour across the Lifespan	Sem 1	15 credits

and are required to choose 30 credits from:

SHN 7013	Professional Practice	Sem 2	30 credits
SHN 7045	Healthy Ageing	Sem 2	15 credits
SHN 7055	Emotional Health and Wellbeing in Contemporary Society	Sem 2	15 credits
SHN 7065	The Healthy Environment	Sem 2	15 credits

End of Year 2

Progression requirements: 120 credits including 45 credits from core modules

Core: candidates are required to take:

SHN 7016	Dissertation	Sem 2	60 credits
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Progression, classification and award requirements

Students will receive a Postgraduate Certificate (PGCert) after completing 60 credits.

Students will receive a Postgraduate Diploma after completing 120 credits.

Students will receive an MSc after completing 180 credits.

The classification of the MSc is as follows:

Distinction awarded with 70% and above as mean mark;

Merit awarded with 60% and above as mean mark;

Pass awarded with 50% and above as mean mark.