

BSc (Hons) Sports Therapy and Rehabilitation**SPTHARB**

Duration:	3 years full-time / 6 years part-time
Total credit rating:	360
Course code:	C630
Award Aim:	BSc (Hons) - 360 credits
Subsidiary awards:	Dip HE Sports Rehabilitation Cert HE Sports Rehabilitation Ordinary Degree Sports Rehabilitation

Level 4

Entry requirements: see Undergraduate Prospectus

Core:	Students are required to take:		
SHN4045	Introduction to Anatomy and Physiology	Sem 1	15 credits
SHN4035	Fundamentals of Human Movement	Sem 1	15 credits
SHN4065	Introduction to Sport Psychology	Sem 1	15 credits
SHN4015	Functional Anatomy for Sport and Exercise Therapy	Sem 1	15 credits
SHN4113	Skills for Sports Therapy#	Sem 2	30 credits
SHN4143	Professional Skills in Sport, Exercise and Health#	Sem 2	30 credits

Level 5

Progression Requirements: 120 credits from Level 4

Core:	Students are required to take:		
SHN5035	Physiology of Training	Sem 1	15 credits
SHN5173	Assessment and Management of Peripheral Injuries#	Sem 1	30 credits
SHN5103	Applying Professional Skills in Sport, Exercise and Health	Sem 1 & 2	30 credits
SHN5183	Sports Injury Rehabilitation#	Sem 2	30 credits
SHN5055	Research Methods and Enquiry	Sem 2	15 credits

Level 6 – with effect from September 2023

Progression requirements: 120 credits from Level 5

Core:	Students are required to take:		
SHN6143	Professional Learning Through Work in Sport and Exercise Sciences	Sem 1 & 2	30 credits
SHN6033	Independent Project	Sem 1 & 2	30 credits
SHN6123	Sports Therapy in Practice	Sem 1	30 credits
SHN6203	Interventions and S&C in Rehabilitation	Sem 2	30 credits

denotes modules that are a pre-requisite for progression to the following year:

- SHN4113 Skills for Sports Therapy
- SHN4143 Professional Skills in Sport, Exercise and Health
- SHN5173 Assessment and Management of Peripheral Injuries
- SHN5183 Sports Injury Rehabilitation

Please note that the above modules are core sports therapy modules and contain a practical component and therefore allow demonstration of safe and effective practice which is required by The Society of Sports Therapists before the student can progress to the subsequent academic year.

Part time route for students registered from September 2021

Level 4 Year 1 – With effect from: September 2022

Core:	Students are required to take:		
SHN4015	Functional Anatomy for Sport and Exercise Therapy	Sem 1	15 credits
SHN4045	Introduction to Anatomy and Physiology	Sem 1	15 credits
SHN4143	Professional Skills in Sport, Exercise and Health#	Sem 2	30 credits

Level 4 Year 2 – With effect from: September 2023

Core:	Students are required to take:		
SHN4113	Skills for Sports Therapy#	Sem 2	30 credits
SHN4035	Fundamentals of Human Movement	Sem 1	15 credits
SHN4065	Introduction to Sport Psychology	Sem 1	15 credits

Level 5 Year 3 – With effect from: September 2024

Core:	Students are required to take:		
SHN5173	Assessment and Management of Peripheral Injuries#	Sem 1	30 credits
SHN5183	Sports Injury Rehabilitation #	Sem 2	30 credits

Level 5 Year 4 – With effect from: September 2025

Core:	Students are required to take:		
SHN5035	Physiology of Training	Sem 1	15 credits
SHN5055	Research Methods and Enquiry	Sem 2	15 credits
SHN5103	Applying Professional Skills in Sport, Exercise and Health	Sem 1 & 2	30 credits

Level 6 Year 5 – With effect from: September 2026

Core:	Students are required to take:		
SHN6123	Sports Therapy in Practice	Sem 1	30 credits
SHN6203	Interventions and S&C in Rehabilitation	Sem 2	30 credits

Level 6 Year 6 – With effect from: September 2027

Core:	Students are required to take:		
SHN6033	Independent Project	Sem 1 & 2	30 credits
SHN6143	Professional Learning Through Work in Sport and Exercise Sciences	Sem 1 & 2	30 credits

denotes modules that are a pre-requisite for progression to the following year:

- SHN4113 Skills for Sports Therapy
- SHN4143 Professional Skills in Sport, Exercise and Health
- SHN5173 Assessment and Management of Peripheral Injuries
- SHN5183 Sports Injury Rehabilitation

Please note that the above modules are core sports therapy modules and contain a practical component and therefore allow demonstration of safe and effective practice which is required by The Society of Sports Therapists before the student can progress to the subsequent academic year.