

**BSc (Hons) SPORT AND EXERCISE SCIENCES (SPORTS NUTRITION)****SPESNSH**

<b>Duration:</b>	3 years full-time / 6 years part-time
<b>UCAS Code:</b>	C6B4
<b>Award:</b>	BSc (Hons) - 360 credits
<b>Subsidiary awards:</b>	DipHE - 240 credits CertHE - 120 credits

**Full-time study****Level 4** – not available for study from 2023/24**Level 5**

Progression requirements: minimum of 120 credits from Level 4

<b>Core:</b>	<b>Students are required to take the following modules:</b>		
SHN5035	Physiology of Training	Sem 1	15 credits
SHN5015	Sport Psychology: Working with Stakeholders	Sem 1	15 credits
SHN5105	Nutrition for Sport, Health and Exercise	Sem 1	15 credits
SHN5103	Applying Professional Skills in Sport, Exercise and Health	Sem 1 & 2	30 credits
SHN5065	Biomechanical Analysis of Movement	Sem 2	15 credits
SHN5055	Research Methods and Enquiry	Sem 2	15 credits
SHN5115	Nutrition for Sport Performance	Sem 2	15 credits

**Level 6**

Progression requirements: minimum of 120 credits from Level 5

<b>Core:</b>	<b>Students required to take the following modules</b>		
SHN6033	Independent Project	Sem 1 & 2	30 credits
SHN6143	Professional Learning Through Work in Sport and Exercise Sciences	Sem 1 & 2	30 credits
SHN6183	Advanced Nutrition for Sport and Exercise	Sem 2	30 credits
<b>Options:</b>	<b>Students are required to choose 30 credits from the following modules:</b>		
SHN6163	Applied Physiology	Sem 1	30 credits
SHN6173	Applied Performance Testing	Sem 1	30 credits
PSY6033	Sport Psychology in Context	Sem 1 & 2	30 credits

## **Part-time study**

Level 4 - not available for study from 2023/2024

Level 5 – not available for study from 2023/24

### Level 6

Year 5 – with effect from: September 2026

**Core: Students are required to take the following modules**

SHN6143	Professional Learning Through Work in Sport and Exercise Sciences	Sem 1 & 2	30 credits
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**Options: Students are required to choose 30 credits from the following modules**

SHN6163	Applied Physiology	Sem 1	30 credits
SHN6173	Applied Performance Testing ( <i>Not available for study AY23/24</i> )	Sem 1	30 credits
PSY6033	Sport Psychology in Context	Sem 1 & 2	30 credits

Year 6 – with effect from: September 2027

**Core: Students are required to take the following modules**

SHN6033	Independent Project	Sem 1 & 2	30 credits
SHN6183	Advanced Nutrition for Sport and Exercise	Sem 2	30 credits