



PROGRAMME SPECIFICATION

1. General information

Awarding body / institution	Leeds Trinity University
Teaching institution	Leeds Trinity University
Reporting Unit	Sport
'Parent' School	Health & Life Sciences
Professional accreditation body (if applicable)	N/A
Final award (eg. BA Hons)	MSc
Title of programme(s)	Public Health
Subsidiary award(s) (if any)	Postgraduate Certificate in Public Health Postgraduate Diploma in Public Health
Honours type (Single / Joint / Combined)	Single
Duration of programme	1 year
Mode(s) of delivery	On-Campus Face to Face Full and Part-time
Month/year of approval of programme	July 2026
Start date (this version) (month and year)	January 2027 (Intake 1) / September 2027 (Intake 2)
HECoS subject code(s)	MSc Public Health 101317 environmental and public health (100%)
UCAS course code & route code (available from Admissions)	N/A – PGT direct application route.
SITS codes (Course / Pathway / Route) (available from Student Administration)	Route Pathway Code: PUBHLTH
Delivery venue(s)	Horsforth Campus.....No City Campus.....Yes Partner Institutions (please specify which approved partners, where relevant – Not Applicable

2. Aims of the programme

Rationale and general aims, including what is special about this programme (from the student's and a marketing perspective)

The MSc Public Health programme is designed to prepare you to understand, evaluate and respond to contemporary public health challenges at local, national and global levels. The programme combines public health theory, epidemiology, health promotion, policy, leadership and research-informed practice, with a strong emphasis on health equity, social justice and applied learning.

The programme aims to enable you to:

- develop advanced knowledge of public health, population health, epidemiology and the wider determinants of health;
- critically examine health inequalities and public health challenges across diverse communities and global contexts;
- use research, data and evidence to inform public health decision-making, policy and intervention design;
- develop the theoretical knowledge and skills to design, evaluate and communicate effective public health interventions;
- prepare for careers in public health practice, health promotion, policy, research, community wellbeing and international health organisations.

3. Student learning outcomes of the programme

Learning outcomes in terms of:

- knowledge and understanding (K)
- intellectual / cognitive / 'thinking' skills (I)
- practical skills specific to the subject (P)
- employability skills (postgraduate) (E) or attributes and skills (undergraduate) (AS)

The 'K1', etc codes are used in section 7b) and module descriptors to refer to each of these learning outcomes.

On successful completion of the programme, students will have *demonstrated*

Knowledge and understanding

K1	Advanced and critical understanding of the principal concepts, theories and contemporary debates in public health, health promotion, prevention and population health.
K2	Systematic understanding of the social, economic, environmental, cultural and commercial determinants of health, and their relationship to health inequalities across local, national and global contexts.
K3	Critical understanding of epidemiology, biostatistical reasoning, research methods and evidence-informed decision-making applied to public health problems.
K4	Critical understanding of public health policy, systems, governance, leadership, partnership working and intervention approaches across health, community and international settings.

Intellectual / cognitive / thinking skills

I1	Critically appraise and synthesise scholarly, epidemiological, policy and practice-based evidence relevant to complex public health issues.
I2	Systematically interpret quantitative and qualitative information to justify evidence-informed public health decisions.
I3	Critically evaluate public health interventions, policies and systems in relation to effectiveness, equity, ethics, sustainability and cultural or contextual relevance.
I4	Construct and communicate coherent, evidence-informed arguments and recommendations, recognising uncertainty, limitations of evidence and competing values in public health practice.

Practical skills specific to the subject

P1	Select and apply appropriate public health research, epidemiological and evaluation methods to investigate population health issues.
P2	Design, plan and critically evaluate public health interventions and health promotion strategies using evidence, theory, data and stakeholder, multi-agency insight.
P3	Undertake an independent public health project ethically, including problem definition, evidence review, methodological design, data analysis or interpretation, and presentation of findings.

Employability skills (postgraduate and other programmes)

- E1 **Self-management** – the ability to plan and manage time; readiness to accept responsibility and improve their own performance based on feedback/reflective learning; the ability to take initiative and be proactive, flexible and resilient;
- E2 **Teamworking** – the ability to co-operate with others on a shared task and to recognise and take on appropriate team roles; leading, contributing to discussions and negotiating; contributing to discussions; awareness of interdependence with others;
- E3 **Business and sector awareness** – an understanding of the key drivers for business success, including the importance of customer/client satisfaction and innovation; understanding of the market/sector in which an organisation operates; the ability to recognise the external context and pressures on an organisation, including concepts such as value for money, profitability and sustainability;
- E4 **Problem-solving** – a capacity for critical reasoning, analysis and synthesis; a capacity for applying knowledge in practice; an ability to retrieve, analyse and evaluate information from different sources;
- E5 **Communication** – the ability to present information clearly and appropriately, both orally and in writing, and to tailor messages to specific audiences and purposes;
- E6 **Application of numeracy** – a general awareness of mathematics and its application in practical contexts; the ability to carry out arithmetic operations and understand data, to read and interpret graphs and tables and to manage a budget;
- E7 **Application of information technology** – the ability to identify the appropriate IT package for a given task; familiarity with word-processing, spreadsheets and file management; the ability to use the internet and email effectively.
- E8 **Entrepreneurship/enterprise** – the ability to demonstrate an innovative approach and creativity, to generate ideas and to identify and take opportunities;
- E9 **Social, cultural & civic awareness** – embracement of an ethos of community and civic responsibility; an appreciation of diversity and ethical issues; an understanding of cultures and customs in the wider community.

3a External benchmarks

Statement of congruence with the relevant published subject benchmark statements

(including appropriate references to any PSRB, employer or legislative requirements)

All Leeds Trinity University programmes are congruent with the Frameworks for HE Qualifications (FHEQ). The programme is informed by the QAA Subject Benchmark Statement for Health Studies (2024) and the QAA Master's Degree Characteristics Statement, with secondary reference to Public Policy and Public Administration (2025) where relevant to policy, governance and leadership in public health.

The programme is also aligned, where appropriate, with the UK Public Health Register (UKPHR) Public Health Practitioner Standards. These include: practising professionally, ethically and legally; using public health information to influence population health and wellbeing; assessing evidence for public health interventions and services; protecting the public from health risks while addressing differences in risk exposure and outcomes; implementing public health policy and strategy; collaborating across organisations and boundaries; planning, implementing and evaluating public health programmes and projects; and communicating with others to improve health outcomes and reduce health inequalities.

The programme does not confer UKPHR registration but supports students to develop knowledge, understanding and skills relevant to public health practice and future professional development.

4. Learning outcomes for subsidiary awards

Guidance

Learning outcomes for subsidiary awards

Generic learning outcomes for the award of Postgraduate Diploma in Public Health

On successful completion of 120 credits at Level 7, you will have demonstrated, in addition to the outcomes for a Postgraduate Certificate:

- the ability to utilise knowledge that is at, or informed by, the forefront of public health and/or related professional practice to critically evaluate contemporary public health challenges, policies, interventions and evidence;
- comprehensive knowledge of research techniques, epidemiological approaches and methods of evaluating public health evidence, and how these can be critically applied to existing knowledge and practice;
- the ability to critically analyse complex public health issues, including health inequalities, population health trends and the wider determinants of health, in order to make evidence-informed judgements;
- further development of the qualities and transferable skills necessary for employment, including autonomous decision-making, communication, leadership and problem-solving in complex public health and multi-agency contexts.

Generic learning outcomes for the award of Postgraduate Certificate in Public Health

On successful completion of 60 credits at Level 7, you will have demonstrated an ability to:

- develop new skills to a high level and advance knowledge and understanding within public health, population health and/or related areas of professional practice;

- approach complex public health issues in a systematic and creative manner, drawing on evidence relating to health inequalities, determinants of health and population wellbeing;
- make sound judgements in the absence of comprehensive information or data, recognising uncertainty and the ethical dimensions of public health decision-making;
- communicate judgements, evidence and conclusions clearly to different audiences;
- develop the qualities and transferable skills necessary for employment, including initiative, personal responsibility, critical reflection and effective communication.

5. Content

Summary of content by theme

(providing a 'vertical' view through the programme)

The programme develops your understanding of public health through an integrated set of themes that connect population health, evidence, policy and practice. You will explore the foundations of public health, epidemiology and the wider determinants of health, considering how data is used to identify patterns, risks and priorities within populations.

You will examine global public health challenges and health inequalities, developing a critical and ethical understanding of how social, economic, environmental, cultural and political factors shape health outcomes across different contexts. Alongside this, you will study health promotion, behaviour change and public health interventions, considering how evidence-informed approaches can be designed, implemented and evaluated.

The programme also develops your understanding of public health policy, leadership, governance and multi-agency working, including how organisations use evidence, data and emerging technologies such as AI and digital sensing to inform decisions and improve outcomes. Through your dissertation, you will apply your learning to an independent public health project, demonstrating your ability to investigate a contemporary issue and contribute to evidence-informed practice.

6. Structure

MSc (Hons) PUBLIC HEALTH (Single Honours)

Duration: 1 year full-time / 2 years part-time

Total credit rating: 180 credits (90 ECTS)

Award aim: Master of Science (MSc) 180 credits

Subsidiary awards: Postgraduate Diploma 120 credits; Postgraduate Certificate 60 credits

The programme has two entry points: September and January. The programme operates through a rolling delivery model to enable efficient delivery across both intakes. Students from the September and January cohorts are taught together on the modules running in each term. All students complete the same core modules and achieve the same programme learning outcomes, but the sequence of modules varies depending on their point of entry.

Full-time – January start

Core: Students are required to take:

SHN7123	Epidemiology, Data Science and Research Practice in Public Health	Term 1	30 Credits
SHN7133	Contemporary Perspectives, Policy, Leadership and Systems	Term 1	30 Credits
SHN7036	Public Health Dissertation	Term 2 & 3	60 Credits
SHN7143	Global Public Health and Health Inequalities	Term 3	30 Credits
SHN7153	Health Promotion, Behaviour Change and Public Health Interventions	Term 3	30 Credits

Full-time – September start

Core: Students are required to take:

SHN7153	Health Promotion, Behaviour Change and Public Health Interventions	Term 1	30 credits
SHN7143	Global Public Health and Health Inequalities	Term 1	30 credits
SHN7133	Contemporary Perspectives, Policy, Leadership and Systems	Term 2	30 credits
SHN7123	Epidemiology, Data Science and Research Practice in Public Health	Term 2	30 credits
SHN7036	Public Health Dissertation	Term 2 & 3	60 credits

Part-time – January start

Part-time Year 1

Core: students are required to take:

SHN7133	Contemporary Perspectives, Policy, Leadership and Systems	Term 1	30 credits
SHN7143	Global Public Health and Health Inequalities	Term 3	30 credits

Part-time Year 2

Core: students are required to take:

SHN7123	Epidemiology, Data Science and Research Practice in Public Health	Term 1	30 credits
SHN7036	Public Health Dissertation	Term 2 & 3	30 credits

SHN7153	Health Promotion, Behaviour Change and Public Health Interventions	Term 3	60 credits
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Part-time – September start

Part-time Year 1

Core: students are required to take:

SHN7143	Global Public Health and Health Inequalities	Term 1	30 credits
SHN7133	Contemporary Perspectives, Policy, Leadership and Systems	Term 2	30 credits

Part-time Year 2

Core: students are required to take:

SHN7123	Epidemiology, Data Science and Research Practice in Public Health	Term 1	30 credits
SHN7153	Health Promotion, Behaviour Change and Public Health Interventions	Term 2	30 credits
SHN7036	Public Health Dissertation	Term 2 & 3	60 credits

7. Learning, teaching and assessment

7a) Statement of the strategy for learning, teaching and academic experience for the programme

The MSc Public Health is designed in alignment with the University's Learning, Teaching and Academic Experience Strategy, with a strong emphasis on student engagement, inclusion, digital capability, authentic learning, employability and enterprise. Throughout the programme, you will be supported to develop as an independent, critical and reflective learner who can apply public health knowledge to complex local, national and global health challenges.

Learning and teaching will combine lectures, seminars, workshops, case-based learning, directed study, group discussion, independent research and applied public health tasks. You will engage with contemporary public health issues such as health inequalities, epidemiology, health promotion, policy, leadership, population health, global health and public health interventions. Teaching will be research-informed and practice-focused, enabling you to critically examine evidence, interpret data, evaluate policy and consider how public health decisions are made across different communities and systems.

The programme embeds the Curriculum for Social Justice through both content and pedagogy. You will critically explore the social, economic, cultural, environmental and political determinants of health, with particular attention to health inequalities, race equity, sustainability, globalisation and the lived experiences of diverse communities. Learning activities will encourage you to question dominant assumptions in public health knowledge and practice, including the relevance of different cultural, geographical and international perspectives. This is especially important within a programme designed for a diverse cohort of UK and international students.

A relational and inclusive approach to teaching will support student belonging, participation and confidence. You will be encouraged to draw on your own academic, professional, cultural and personal experiences where appropriate, and to learn with and from peers from different

backgrounds. Opportunities for discussion, collaborative learning and formative feedback will help you develop as an autonomous learner and prepare you for postgraduate-level study.

Research is embedded across the programme. You will develop knowledge of research design, epidemiology, quantitative and qualitative approaches, ethical practice, evidence appraisal and data-informed decision-making. These skills are developed through taught modules and culminate in the Public Health Dissertation, where you will undertake an independent project addressing a contemporary public health issue. Where appropriate, dissertation topics may connect with real-world public health priorities, policy questions, community health challenges or organisational needs.

Assessment is designed to be authentic, inclusive and aligned with public health practice.

Assessment tasks will enable you to apply theory to real-world problems, analyse evidence, evaluate interventions, communicate findings and make recommendations for public health action. Formative assessment and assessment guidance will be embedded within modules to support assessment literacy and confidence. Tasks will be designed to develop graduate-level skills including critical thinking, problem-solving, communication, digital confidence, numeracy, leadership, ethical decision-making and sector awareness.

Digital learning will be used to support your learning before, during and after taught sessions.

You will use digital platforms and tools to access resources, analyse information, communicate ideas and engage with public health data and evidence. The programme will also introduce you to the opportunities and challenges associated with emerging technologies, including the responsible use of AI and data in public health decision-making.

Overall, the programme aims to provide an inclusive, applied and research-informed academic experience that prepares you to contribute positively to public health practice, policy, research, community wellbeing and international health contexts.

7b) Programme learning outcomes covered

	Assessed learning outcomes of the programme											Skills development								
<i>Adjust LO codes as necessary. ↓</i>	K1	K2	K3	K4	I1	I2	I3	I4	P1	P2	P3	E1	E2	E3	E4	E5	E6	E7	E8	E9
Lighter or hatched shading indicates modules that are not core, ie. not all students on this programme will undertake these.	<i>Public health theory</i>	Health determinants inequalities	Epidemiology research evidence	Policy systems leadership	Appraising public health evidence	Analysing health data	Evaluating interventions systems	Communicating evidence	Applying research methods	Designing public health interventions	Independent ethical research	Self-management	Teamworking	Business & sector awareness	Problem-solving	Communication	Application of numeracy	Application of IT	Entrepreneurship / enterprise	Social, cultural & civic awareness
SHN7133 Contemporary Perspectives, Policy, Leadership and Systems																				
SHN7143 Global Public Health and Health Inequalities																				
SHN7153 Health Promotion, Behaviour Change and Public Health Interventions																				
SHN7123 Epidemiology, Data Science and Research Practice in Public Health																				
SHN7036 Public Health Dissertation																				

8. Entry requirements

Do the University's standard entry requirements apply (as outlined within the University's Admissions Policy)?	Yes
Detail of any deviation from and/or addition to the University's standard entry requirements (if applicable)	• An honours degree (2:2 or above) in a relevant subject area such as health sciences, biomedical sciences, sport and exercise science, psychology, sociology, social sciences, international development, public policy, nursing, health and social care, or other related disciplines. • Applicants with a non-related degree may be considered if they can demonstrate relevant professional experience in areas such as health, community development, wellbeing or social care. • Career changers will also be considered where relevant experience supports their application. • International applicants must meet the University's English language requirements.

9. Progression, classification and award requirements

Details of requirements for student progression between levels and receipt of the award(s) (A certain level of attainment which <u>must</u> be achieved in a specific module; any modules exempted from condonement, any deviation from the standard institutional stipulations for award classification, e.g. exclusion of Level 4 module marks from Foundation Degree classification)
The following regulations apply, together with the General Taught Academic Regulations: • Postgraduate Taught Academic Regulations

10. Prerequisites and additional information

Details of modules students <u>must</u> study and achieve credit for before enrolling on a module at a higher level, or attaining their final programme award
N/A

11. Additional support needs

Arrangements made to accommodate students with additional support needs and any unavoidable restrictions on their participation in the programme/scheme
Students with disabilities or other support needs are welcome and are expected to be able to participate fully in this programme. Arrangements will be made, via the normal University support systems, to accommodate students with additional support needs wherever possible, with reasonable adjustments made to accommodate individual needs.