

Programme Specification

With effect from: September 2025

A programme specification is the definitive record of your programme of study at the University. It sets out the aims, learning outcomes, and indicative content of the programme. You should read this programme specification alongside the relevant module descriptors and the University's Taught Programme Academic Regulations.

This specification only applies to the delivery of the programme indicated below. The details in this specification are subject to change through the modifications or periodic review processes.

1 Programme name and award

This programme specification relates to the following award(s)

BSc (Hons) Psychology with Sociology

2 Aims of the programme

Rationale and general aims, including what is special about this programme

The BSc (Hons) Psychology with Sociology programme provides you with a firm grounding in all core areas of psychology, coupled with an opportunity to study selected topics in Sociology alongside this. The sociology modules on the programme enable students to develop understanding of sociological theory as it is applied to a range of areas.

The programme also focuses on the development of employability skills to enable you to be an ethically and socially responsible participant in your community and in your graduate career.

The programme also explores and challenges the historical legacy of the social science. Psychology has, throughout its history, privileged a white Westernised account of human behaviour, and sociology is perceived as originating in Europe and has also privileged Eurocentric accounts and views of the world. This has led to the perpetuation of social inequality and social injustice for groups of people not reflected in that privileged view of the world. In tackling these issues, through, for example, the inclusion of issues of race and culture in a range of case studies, the programme asks you to consider what role psychology and sociology should play

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in the 21st Century.

This is a combined honours programme which means that 75% of the module credits at each level will be Psychology and the remaining 25% will be Sociology.

The programme aims to:

- 1. develop your scientific and critical understanding of the mind, brain, behaviour and experience, and the complex interactions between these;
- 2. develop your critical understanding of sociological theory as applied to a range of concepts.
- 3. develop your research skills to allow you to investigate a range of experience and behaviour, including an evaluation of the ethical issues surrounding psychological research and practice;
- 4. develop your transferable personal, practical and intellectual skills to enable you to confidently pursue a graduate career;

provide you with the British Psychological Society (BPS) Graduate Basis for Chartered Membership (GBC), which is the first step towards a career as a Chartered Psychologist.

3 Level Learning Outcomes and Employability Outcomes

Learning outcomes are expressed in terms of:

- Knowledge and understanding (K)
- Intellectual / cognitive / 'thinking' skills (I)
- Practical skills specific to the subject (P)
- Employability skills (E)

We design assessment tasks to enable you to demonstrate the Level Learning Outcomes and relevant Employability Outcomes for your level of study. To a greater or lesser extent, all Level Learning Outcomes at each level of your study are embedded in the assessment task(s) at that level. This means we can take a more integrated view of your overall performance at a level.

To progress to the next level, or to receive an award, you will need to satisfy the Level Learning Outcomes below and relevant Employability Outcomes and achieve credit as per the Taught Programme Academic Regulations.

Level Learning Outcomes Level 4

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K1	Foundational knowledge and the beginnings of a critical understanding of the range of core subject areas, including conceptual and historical issues in psychology, as defined by the British Psychological Society, including reference to recent scholarly resources and evidence, and the accurate use of scholarly conventions in so doing.
K2	Foundational knowledge and the beginnings of a critical understanding of areas of sociology.
К3	Understanding and application of a variety of basic methods of psychological research from design to dissemination, including quantitative and qualitative methods and approaches.
К4	A foundational understanding of the inherent variability and diversity of psychological functioning, including the contribution of pluralistic influences on this
К5	A basic understanding of the contribution that psychology and sociology can make to the wider community and society and its role in promoting human values of equality and social justice
I 1	Secure use of basic analytical techniques appropriate to psychology and sociology.
12	Begin to evaluate approaches to solving problems in psychology and sociology.
13	A basic understanding and evaluation of ethics and values relevant to the application and practice of psychology and sociology.
14	Communication of results and arguments, with awareness of the needs of the target audience.
15	The ability to begin to reflect on the relationship between empirical evidence, practical experience and theoretical understanding, and to demonstrate a basic understanding of the limits of knowledge.
16	The ability to work with others to design, conduct, analyse and report basic empirically based research projects under appropriate supervision, whilst conforming to ethical principles and codes of professional conduct.
17	The ability to begin to employ knowledge in an integrated way to address real-world problems including, but not limited to, those associated with personal and professional development.
Level 5	

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K1	Detailed knowledge and developing critical understanding of the range of core subject areas, including conceptual and historical issues in psychology, as defined by the British Psychological Society, including reference to recent scholarly resources and evidence, and the accurate use of scholarly conventions in so doing.
K2	Detailed knowledge and developing critical understanding of a range of areas of sociology.
КЗ	Detailed understanding and application of a variety of methods of psychological research from design to dissemination including complex quantitative and qualitative methods and approaches.
K4	The ability to recognise and understand the inherent variability and diversity of psychological functioning, including the contribution of pluralistic influences on this.
К5	An understanding of the contribution that psychology and sociology can make to the wider community and society and their role in promoting human values of equality and social justice.
l1	Secure use of complex analytical techniques appropriate to psychology and sociology.
12	A developing evaluation of approaches to solving problems in psychology and sociology.
13	Consideration and evaluation of ethics and values relevant to the application and practice of psychology and sociology.
14	Effective communication of results and arguments, reflecting the needs of the target audience.
15	The ability to reflect effectively on the relationship between empirical evidence, practical experience and theoretical understanding, and to understand the limits of knowledge.
16	The ability to work with others to initiate, design, conduct, analyse and report empirically based research projects under appropriate supervision, whilst conforming to ethical principles and codes of professional conduct.
17	The ability to employ knowledge in an integrated way to address real-world problems including, but not limited to, those associated with personal and professional development.
Level 6	
К1	Detailed knowledge and sophisticated critical understanding of the range of core subject areas, including conceptual and historical issues in psychology, as defined by the British Psychological Society, including reference to recent scholarly resources and evidence, and the accurate use of scholarly conventions in so doing.

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Employability Outcomes

Employability skills are embedded and assessed throughout your programme. Therefore, we use a generic set of employability outcomes at all levels of study.

E1 Self-management - the ability to plan and manage time; readiness to accept responsibility and improve their own performance based on feedback/reflective learning; the ability to take initiative and be proactive, flexible and resilient;

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E2	Team-working – the ability to co-operate with others on a shared task and to recognise and take on appropriate team roles; leading, contributing to discussions and negotiating; contributing to discussions; awareness of interdependence with others;
E3	Business and sector awareness – an understanding of the key drivers for business success, including the importance of customer/client satisfaction and innovation; understanding of the market/sector in which an organisation operates; the ability to recognise the external context and pressures on an organisation, including concepts such as value for money, profitability and sustainability;
E4	Problem-solving – a capacity for critical reasoning, analysis and synthesis; a capacity for applying knowledge in practice; an ability to retrieve, analyse and evaluate information from different sources;
E5	Communication – the ability to present information clearly and appropriately, both orally and in writing, and to tailor messages to specific audiences and purposes;
E6	Application of numeracy – a general awareness of mathematics and its application in practical contexts; the ability to carry out arithmetic operations and understand data, to read and interpret graphs and tables and to manage a budget;
E7	Application of information technology – the ability to identify and use the appropriate IT package for a given task; familiarity with word-processing, spreadsheets and file management; the ability to use the internet and email effectively;
E8	Entrepreneurship/enterprise – the ability to demonstrate an innovative approach and creativity, to generate ideas and to identify and take opportunities;
E9	Social, cultural & civic awareness – embracement of an ethos of community and civic responsibility; an appreciation of diversity and ethical issues; an understanding of cultures and customs in the wider community.

4 **External Benchmarks**

Statement of congruence with the relevant external benchmarks

All Leeds Trinity University programmes are congruent with the Framework for HE Qualifications (FHEQ) and, where appropriate, the Qualifications and Credit Framework (QCF) / National Qualification and Credit Framework (NQF).

The programme is congruent with the QAA Benchmark Statements for Psychology (2019) and Sociology (2019) and the curriculum requirements of the British Psychological Society.

5 **Indicative Content**

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Summary of content by theme

Psychology

You will study a curriculum designed to provide a thorough grounding in core domains (biological, cognitive, developmental, individual differences and social psychology), underpinning further study of specialised areas in the final year.

Sociology

The sociology modules introduce students to sociological theory in the first year and then in the second and third years apply this knowledge to a range of areas including, in the second year, understanding life in the digital age. In the third year, a module is chosen from a range of options covering topics such as society, gender, justice and policing.

Research Skills

Skills in research and analysis are introduced and developed in the research methods modules in the first two years. This then culminates in an individual research project in the final year in which you will be supervised to design and undertake a small-scale piece of research in an area of your choice.

Professional and Personal Development

The programme is accredited by the British Psychological Society (BPS) as conferring eligibility for the Graduate Basis for Chartered Membership, provided the minimum standard of a Lower Second Class Honours is achieved. This is the first step towards becoming a Chartered Psychologist.

The programme also provides a balanced and career-relevant education for those not seeking a career in psychology. Embedded within the programme are professional skills, including a professional placement in each of the second and third years and the option to undertake a placement or engage in a professional challenge project in the first year. We also focus on assessment methods throughout the programme that help you to develop the kinds of skills that are valued by employers.

Your personal development is supported by your Personal Tutor who you will meet regularly to review your personal development goals and achievements.

6 Programme Structure

Programme Structure – BSc (Hons) Psychology with Sociology (Combined Honours)		
Duration	3 years full-time	
Total credit rating	360 (180 ECTS)	

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Level 4 – With	effect from: September 2021		
Core: You are re	quired to take the following module	es	
Module Code	Module Title	Semester	Credits
PSY4003	Understanding Human Behaviour	Semester 1&2	30
PSY4063	Professional Development for Psychologists 1	Semester 1 & 2	30
PSY4073	Introduction to Research Skills for Psychologists	Semester 1 & 2	30
SOC4043	Identities and Inequalities	Semester 1&2	30
Level 5 - With	effect from: September 2022		
Core: You are re	quired to take the following module	es	
Module Code	Module Title	Semester	Credits
PSY5033	Mind, Brain and Social Behaviour	Semester 1&2	30
PSY5083	Psychological Professional Development and Placement	Semester 1 & 2	30
PSY5093	Research Skills for Psychologists: Quantitative and Qualitative Approaches	Semester 1 & 2	30
SOC5005	Digital Lives: Self and Society in a Digital Age	Semester 1	15
SOC5015	Sociological Theory: Global and Local Connections	Semester 2	15
Level 6 - With	effect from: September 2023		
Core: You are re	quired to take the following module	es	
Module Code	Module Title	Semester	Credits
PSY6145	Psychology Research Project	Semester 1&2	45
PSY6115	Professional Learning Through	Semester 1&2	15

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Options: You are required to choose 30 credits from the following modules

Work

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PSY6035	Business Psychology	Semester 1	15
PSY6045	Psychology of Mental Health and Distress	Semester 1	15
PSY6165	Illusions, Biases and Cognitive Impairments	Semester 1	15
PSY6065	Counselling Psychology	Semester 2	15
PSY6075	Critical Psychology	Semester 2	15
PSY6085	Cyberpsychology	Semester 2	15
PSY6155	Environmental Psychology	Semester 2	15
PSY6135	Forensic Psychology	Semester 2	15
PSY6125	Health Behaviour Change in Context	Semester 1	15
PSY6015	Psychology Negotiated Essay	Semester 2	15
PSY6005	Psychobiology of Stress and Illness	Semester 1	15
PSY6175	Collaborative Insights in Psychology and Culture	Semester 2	15

Options: You are required to either pick one 30 credit module OR two 15 credit modules, one from semester one and one from semester two, from the following:

Module Code	Module Title	Semester	Credits
SOC6033	Justice, Punishment and Human Rights	Semester 1 & 2	30
SOC6053	Genocide Studies	Semester 1 & 2	30
SOC6063	Organised Crime	Semester 1 & 2	30
SOC6073	Young People, (In)justice and Crime	Semester 1& 2	30
SOC6035	Policing Priorities	Semester 1	15
SOC6025	Gender and Society	Semester 1	15
SOC6055	Criminalised Women	Semester 2	15
SOC6065	Crimes of the 21st Century	Semester 2	15
SOC6075	Breathing Criminology: Inside Perspectives	Semester 2	15

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SOC6085	Criminal Deaths & Society's	Semester 2	15
	Grief		

7 Pre-requisites

Modules students <u>must</u> study and achieve credit for before enrolling on a module at a higher level, or attaining their final programme award
N/A

8 Learning, Teaching and Assessment

The University's Learning, Teaching and Assessment Strategy informs the design of your programme. You can find more information about learning, teaching and assessment for your programme (including information on Integrated Assessment) within the relevant Assessment Handbooks.

9 Entry requirements

Do the University's standarequirements apply?	rd entry	Yes
Detail of any deviation from and/or addition to the University's standard entry requirements (if applicable)	N/A	

10 Additional support needs

Students with disabilities or other support needs are welcome and are expected to be able to participate fully in this programme. Arrangements will be made, via the normal University support systems, to accommodate students with additional support needs wherever possible, with reasonable adjustments made to accommodate individual needs.

Programme-specific requirements / unavoidable restrictions on participation in the programme	
N/A	

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11 **Technical Information**

Awarding Body / Institution	Leeds Trinity University
Teaching institution	Leeds Trinity University
Parent Faculty	Social and Health Sciences
School	Psychology and Therapeutic Studies
Professional accreditation body	British Psychological Society
Final award	BSc (Hons)
Title of programme(s)	Psychology with Sociology
Subsidiary award(s)	Certificate of Higher Education, Diploma of Higher Education, Ordinary Degree
Honours type	Single
Duration and mode(s) of study	3 Years Full Time
Month/year of approval of programme	April 2020
Periodic review due date	2024/25
HECoS subject code(s)	100497 Psychology (75%) 100505 Sociology (25%)
UCAS course code(s)	LC83
SITS route codes	PSYWSCY
Delivery venue(s)	Leeds Trinity University

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12 Level Learning Outcomes and Employability Outcomes

The grids below demonstrate where Level Learning Outcomes and Employability Outcomes are assessed at module level and ensure that students are assessed in all Level Learning Outcomes at each level of their study. Students might not be assessed in all Employability Outcomes at each level of study. However, all Employability Outcomes will have been assessed by the end the programme.

Level 4	Asse	ssed	level le	earnir	ng out	come	s								Skills development									
	K1	K2	К3	K4	K5	l1	I2	13	14	15	16	17	E1	E2	E3	E4	E5	E6	E7	E8	E9			
Lighter or hatched shading indicates modules that are not core, ie. not all students on this programme will undertake these.	Knowledge of key theories and concepts	Knowledge -specialist areas	Understanding/application of research methods	Undersranding diversity	Equality and social justice	Analytical techniques	Evaluate problem-solving approaches	Ethics and values	Communication of results and arguments	Understand limits of knowledge	Team-based research	Integrate and apply knowledge	Self-management	Teamworking	Business & sector awareness	Problem-solving	Communication	Application of numeracy	Application of IT	Entrepreneurship / enterprise	Social, cultural & civic awareness			
PSY4003 Understanding Human Behaviour																								
PSY4063 Professional Development for Psychologists 1																								
PSY4073 Introduction to Research Skills for Psychologists																								
SOC4053 Sociological Thought and Theory																								

Level 5	Assessed level learning outcomes												Skills development									
	K1	K2	К3	K4	K5	11	12	13	14	15	16	17	E1	E2	E3	E4	E5	E6	E7	E8	E9	
Lighter or hatched shading indicates modules that are not core, ie. not all students on this programme will undertake these.	Knowledge of key theories and concepts	wledge as	Understanding/application of research methods	Undersranding diversity	Equality and social justice	Analytical techniques	Evaluate problem-solving approaches	Ethics and values	Communication of results and arguments	Understand limits of knowledge	Team-based research	Integrate and apply knowledge	Self-management	Teamworking	Business & sector awareness	Problem-solving	Communication	Application of numeracy	Application of IT	Entrepreneurship / enterprise	Social, cultural & civic awareness	

PSY5033 Mind, Brain and Social Behaviour											
PSY5083 Professional Development for Psychologists 2											
PSY5093 Research Skills for Psychologists: Quantitative and Qualitative Approaches											
SOC5013 Digital Lives: Self and Society in a Digital Age											

Level 6	Asse	ssed l	evel l	earnir	ng out	come	s						Skills development									
	K1	K2	К3	K4	K5	l1	12	13	14	15	16	17		E1	E2	E3	E4	E5	E6	E7	E8	E9
Lighter or hatched shading indicates modules that are not core, ie. not all students on this programme will undertake these.	Knowledge of key	Knowledge -specialist	Understandi ng/applicati	Undersrandi ng diversity	Equality and social	Analytical techniques	Evaluate problem-	Ethics and values	Communica tion of	Understand limits of	Team- based	Integrate and apply		Self- manageme	Teamworki ng	Business & sector	Problem- solving	Communic ation	Application of	Application of IT	Entreprene urship /	Social, cultural &
PSY6145 Psychology Research Project																						
PSY6115 Professional Learning Through Work																						
PSY6035 Business Psychology																						
PSY6045 Psychology of Mental Health and Distress																						
PSY6165 Illusions, Biases and Cognitive Impairments																						
PSY6065 Counselling Psychology																						
PSY6075 Critical Psychology																						
PSY6085 Cyberpsychology																						
PSY6155 Environmental Psychology																						
PSY6135 Forensic Psychology																						
PSY6125 Health Behaviour Change in Context																						
PSY6015 Psychology Negotiated Essay																						

PSY6015 Psychobiology of Stress and Illness											
SOC6033 Justice, Punishment and Human Rights											
SOC6065 Crimes of the 21st Century											
SOC6025 Gender and Society											
SOC6053 Genocide Studies											
SOC6073 Young People: (In)Justice and Crime											
SOC6063 Organised Crime											
SOC6035 Policing Priorities											
SOC6055 Criminalised Women											
SOC6075 Breathing Criminology: Inside Perspectives											
SOC6085 Criminal Deaths & Society's Grief											
PSY6175 Collaborative Insights in Psychology and Culture											