



Programme Specification

With effect from: September 2021

A programme specification is the definitive record of your programme of study at the University. It sets out the aims, learning outcomes, and indicative content of the programme. You should read this programme specification alongside the relevant module descriptors and the University's Taught Programme Academic Regulations.

This specification only applies to the delivery of the programme indicated below. The details in this specification are subject to change through the modifications or periodic review processes.

1 Programme name and award

This programme specification relates to the following award(s)

BSc (Hons) Health and Social Care

2 Aims of the programme

Rationale and general aims, including what is special about this programme

The health and social care sector is diverse and dynamic. Rapidly changing individual and population health needs alongside more personalised approaches to care and advances in medical and digital health technologies, offers challenges and opportunities for service providers to develop innovative ways of working and new practitioner roles. This contemporary programme is designed to equip you with the advanced knowledge, skills, values and resilience to meet these opportunities and challenges. The programme is delivered by lecturers with up-to-date practitioner and research experience who can integrate a high level of theoretical knowledge with practical know how. This degree has been developed in consultation with major health and social care employers and industry sector leaders to ensure that on graduation you will be highly employable and prepared for further academic development whether that is post qualifying professional training or further postgraduate study offered by Leeds Trinity University and elsewhere.

The programme curriculum has been designed to enable you to evaluate the effectiveness of, and utilise a range of, strategies and interventions to enhance health, social care and wellbeing of individuals, families and communities. The focus throughout the programme is upon interprofessional working and multi-agency approaches necessary for the effective and safe delivery of health and social care. Equality, diversity, and inclusion (EDI) within health and social care is vital to ensuring people's differences are valued and that people are supported to take part in whatever they wish to do through equity of opportunity in order to live meaningful and healthy lives.

Principles of EDI are central to all aspects of learning, teaching and assessment on the programme, and are considered from both a service user and student perspective. Within each module you will consider approaches to ensuring inclusive practice this could be through application of relevant policy and legislation, advocacy, challenging unconscious bias and discrimination, developing skills in cultural competency, considering strategy to address inequalities in health and recognising the importance of providing personalised care to ensure individual needs are met through collaborative assessment and care planning. Where possible service users and employers will contribute to module delivery to enhance understanding of the lived experience of EDI and learning resources and materials will reflect the rich cultural diversity of the people you will be working with whether this is on placement, volunteering or in employment after graduation.

The completion of placements will enable you to gain real world experience in a variety of statutory, third sector, community or residential health and social care environments. A wide range of different assessment strategies are offered and have been designed to enable you to choose topics relating to your own areas of interest within the study of health and social care.

The Programme Aims are to:

- Enable you to use subject specific theoretical knowledge to evaluate the impact and outcomes of and solutions to contemporary challenges in health and social care.
- Develop your understanding, utilisation and critique of research methods and techniques to generate health and social care knowledge and service improvement.
- Develop your personal responsibility and professional accountability in providing high quality and inclusive care/services for individuals, families and communities.
- Enable you to work effectively and collaboratively across disciplinary groups and respond creatively to changing health and social care policy demands.
- Develop your communication, teamwork, leadership and critical self-reflection skills so preparing you for lifelong learning and employment in the health and social care sector.

3 Level Learning Outcomes and Employability Outcomes

Learning outcomes are expressed in terms of:

- Knowledge and understanding (K)
- Intellectual / cognitive / 'thinking' skills (I)
- Practical skills specific to the subject (P)
- Employability skills (E)

We design assessment tasks to enable you to demonstrate the Level Learning Outcomes and relevant Employability Outcomes for your level of study. To a greater or lesser extent, all Level Learning Outcomes at each level of your study are embedded in the assessment task(s) at that level. This means we can take a more integrated view of your overall performance at a level.

To progress to the next level, or to receive an award, you will need to satisfy the Level Learning Outcomes below and relevant Employability Outcomes and achieve credit as per the Taught Programme Academic Regulations.

Level Learning Outcomes	
Level 4 – at the conclusion of Level 4 (focus on foundation and breadth of knowledge and skills) you should be able to:	
K1	Describe disease causation and risk factors, health promotion and self-care strategies for individuals with long-term conditions.
K2	Identify how communication skills, values and awareness of equality and diversity support inclusive and anti-discriminatory health and social care practice.
K3	Discuss psychological theories and concepts and explain how these influence health behaviours, risk taking and personal decision making.
K4	Explain the basic principles of person-centred care in promoting positive outcomes for the health and wellbeing of individuals, families and communities.
K5	Discuss the key features of contemporary health and social care policy including professional responsibilities and accountability in care provision.
K6	Describe sociological theories and concepts and how inequalities influence health outcomes of individuals, diverse communities and populations taking account of social justice.
I1	Distinguish between different approaches to solving problems of social injustice such as racism related to health and social care practice.
I2	Collect, integrate and assess health data to apply an argument related to health and wellbeing.
P1	Articulate professional values as they relate to codes of conduct and ethics in the provision of health and social care practice.
P2	Use a variety of communication strategies and methods in a range of health and social care situations to meet diverse service user's needs.
Level 5 – at the conclusion of Level 5 (focus on extending knowledge and skills, focus on end-users, developing reflective practice) you should be able to:	
K1	Explain the multidisciplinary nature of health and social care practice, evaluating how this supports the diverse needs of individuals, families and communities.
K2	Recognise the principles of culturally competent practice and how this relates to the provision of high-quality inclusive services to meet diverse community's needs.
K3	Use a range of research methodologies, including their key features and application in subject specific disciplines.
K4	Evaluate the appropriateness of different approaches to assessing, planning and evaluating personalised care and social prescribing to support individuals, families and community's health and wellbeing.
K5	Utilise knowledge of contemporary health and social care policy to respond appropriately and work with differing disciplinary and service user groups.

I1	Evaluate the potential usefulness of various research methodologies for exploring specific research questions, problems and designs in health and social care.
I2	Differentiate between the principles of empowerment, advocacy and strengths'-based approaches in supporting personalised care and asset-based community development.
I3	Reflect on ethical issues relating to health and social care practice and research and identify solutions to resolve dilemmas in research design and practice situations.
I4	Critically reflect upon ones' own values and beliefs in relation to health and social care practice focusing on challenging unconscious bias.
I5	Evaluate theories and values associated with health and social care policy, law and service provision with reference to matters of social injustice.
P1	Effectively utilise a range of communication skills required to engage in personalised care and multiagency relationships with service users, carers and professionals.
P2	Recognise and follow relevant policy and legislation in a range of complex, health and social care practice settings and scenarios.
Level 6 – at the conclusion of Level 6 (focus on synthesis and integration, and real-world application, in-depth evaluation and reflective practice) you should be able to:	
K1	Apply systematic knowledge of research paradigms and methodologies to critically evaluate the research base related to health and social care study.
K2	Critically appraise contemporary health and social care policy and legislation to respond to the complexity of working with differing disciplinary groups, service users and organisations in the sector.
K3	Critically interpret and use health intelligence data to analyse health and social care issues and inform developments in evidence-based practice.
K4	Interpret the range of problems that families face and make sound judgements on appropriate and effective interventions to support and empower them.
K5	Critically examine concepts and theories of mental health and illness across the life course, appraising causal factors and the impact of social determinants and inequalities faced by individuals experiencing mental health problems.
K6	Critically evaluate leadership, enterprise, management theories and styles to contribute effectively to interdisciplinary work and service improvement in health and social care.
I1	Critically evaluate own and others' ideas and arguments in a well-structured and coherent manner in a variety of formats including digital technologies.
I2	Make sound professional judgements and utilise different modes of decision making in leadership and management situations.
I3	Relate and evaluate theory with practice and justify choices in approaches to working with individuals, families and communities.
14	Critical evaluation of ethics relating to research and professional practice in health and social care.

P1	Analyse and evaluate positive psychology interventions to justify their application to improving mental health outcomes across a range of different mental health problems and service user groups.
P2	Critically reflect on issues of professional responsibility, accountability and leadership and evaluate how these contribute to the safe and compassionate delivery of health and social care.
P3	Apply interpersonal communication to skills to promote effective working including the ability to respond appropriately to equal opportunities and diversity issues in practice.
P4	Systematically apply project management and enterprise skills from the initiation to completion of a project, evaluating outcomes to make recommendations for service development and improvement.
P5	Analyse, evaluate and communicate a range of health and social care ideas and interventions to relevant audiences within the sector, selecting appropriate methods to convey information to the target group.

Employability Outcomes

Employability skills are embedded and assessed throughout your programme. Therefore, we use a generic set of employability outcomes at all levels of study.

E1	Self-management – the ability to plan and manage time; readiness to accept responsibility and improve their own performance based on feedback/reflective learning; the ability to take initiative and be proactive, flexible and resilient.
E2	Team-working – the ability to co-operate with others on a shared task and to recognise and take on appropriate team roles; leading, contributing to discussions and negotiating; contributing to discussions; awareness of interdependence with others.
E3	Business and sector awareness – an understanding of the key drivers for business success, including the importance of customer/client satisfaction and innovation; understanding of the market/sector in which an organisation operates; the ability to recognise the external context and pressures on an organisation, including concepts such as value for money, profitability and sustainability.
E4	Problem-solving – a capacity for critical reasoning, analysis and synthesis; a capacity for applying knowledge in practice; an ability to retrieve, analyse and evaluate information from different sources.
E5	Communication – the ability to present information clearly and appropriately, both orally and in writing, and to tailor messages to specific audiences and purposes.
E6	Application of numeracy – a general awareness of mathematics and its application in practical contexts; the ability to carry out arithmetic operations and understand data, to read and interpret graphs and tables and to manage a budget.
E7	Application of information technology – the ability to identify and use the appropriate IT package for a given task; familiarity with word-processing, spreadsheets and file management; the ability to use the internet and email effectively.

E8	Entrepreneurship/enterprise – the ability to demonstrate an innovative approach and creativity, to generate ideas and to identify and take opportunities.
E9	Social, cultural & civic awareness – embracement of an ethos of community and civic responsibility; an appreciation of diversity and ethical issues; an understanding of cultures and customs in the wider community.

4 External Benchmarks

Statement of congruence with the relevant external benchmarks

All Leeds Trinity University programmes are congruent with the Framework for HE Qualifications (FHEQ) and, where appropriate, the Qualifications and Credit Framework (QCF) / National Qualification and Credit Framework (NQF).

The programme is congruent with the QAA Benchmark Statement in Health Studies (2019). Programme content is mapped to reflect the SfC* and SfH* professional standards as set out in the Code of Conduct for Healthcare Support Workers and Adult Social Care Workers in England (2013).

*Skills for Care

*Skills for Health

5 Indicative Content

Summary of content by theme

The programme is modular based and includes core themes: biopsychosocial theories, research, policy and legal frameworks, communication and care values and employability.

At Level 4, you will select and describe theories and concepts which explain causality and evidence relating to health and wellbeing. You will link these theories to professional values and be expected to communicate knowledge in situations of limited complexity. The use of case studies informed by service users' stories will provide you with an understanding of the lived human experience of health and holistic perspectives of practice.

At Level 5, you will continue to build upon your knowledge and analyse theoretical and professional rationales to the solution of health and social care problems. You will apply principles of personalised care, assessment and support planning to service users across the life course considering social prescribing, multi-agency and integrated approaches to care.

At Level 6, you will develop skills in using a range of therapeutic interventions to promote and improve health and wellbeing. You will be able to synthesise and critically evaluate key theories, concepts, principles and policies and be able to develop a reasoned argument to lead and manage complex and diverse needs of service users.

Subject specific skills and the importance of cultural competence, social justice,

adherence to relevant legislation and professional standards will be evident throughout all levels of study.

6 Programme Structure

Programme Structure – BSc (Hons) Health and Social Care			
Duration	3 years full-time		
Total credit rating	360 (180 ECTS)		
Level 4 – With effect from: September 2025			
Core: You are required to take the following modules			
Module Code	Module Title	Semester	Credits
SHN4013	Psychological Perspectives on Health and Wellbeing	Semester 1	30
SHN4023	Social Influences on Health and Wellbeing	Semester 1	30
SHN4033	Supporting People with Long-term Conditions	Semester 2	30
SHN4043	Developing Values and Principles in Health and Social Care Practice	Semester 2)	30
Level 5 – With effect from: September 2025			
Core: You are required to take the following modules			
Module Code	Module Title	Semester	Credits
SHN5013	Applying Health and Social Care Policy, Ethics and Law	Semester 1	30
SSHN5145	Multi-agency Working	Semester 1	15
CYP5045	Professional Placement	Semester 2	15
CYP5073	Research Methods and Evidenced-based Practice	Semester 1 & 2	30
SHN5123	Understanding Community Care	Semester 2	30
Level 6 – With effect from: September 2025			
Core: You are required to take the following modules			

Module Code	Module Title	Semester	Credits
SHN6013	Professional Learning Through Work in Health, Social Care and Community Settings	Semester 1 & 2	30
CYP6053	Difficulties Families Face with Therapeutic Interventions	Semester 1 & 2	30
SHN6023	Mental Health Resilience and Recovery Across the Life Course in the 21 st Century	Semester 1	30
SHN6033	Independent Project	Semester 1 & 2	30

Programme Structure – BSc (Hons) Health and Social Care

Duration	6 years part-time		
Total credit rating	360 (180 ECTS)		
Level 4 Year 1 – With effect from: September 2025			
Core: You are required to take the following modules			
Module Code	Module Title	Semester	Credits
SHN4023	Social Influences on Health and Wellbeing	Semester 1	30
SHN4033	Supporting People with Long-term Conditions	Semester 2	30
Level 4 Year 2 – With effect from: September 2025			
Core: You are required to take the following modules			
Module Code	Module Title	Semester	Credits
SHN4013	Psychological Perspectives on Health and Wellbeing	Semester 1	30
SHN4043	Developing Values and Principles in Health and Social Care Practice	Semester 2	30
Level 5 Year 3 – With effect from: September 2025			
Core: You are required to take the following modules			
Module Code	Module Title	Semester	Credits

SHN5145	Multi-agency Practice	Semester 1	15
CYP5045	Professional Placement	Semester 2	15
CYP5073	Research Methods and Evidenced-based Practice	Semester 1 & 2	30
Level 5 Year 4 – With effect from: September 2025			
Core: You are required to take the following modules			
Module Code	Module Title	Semester	Credits
SHN5013	Applying Health and Social Care Policy, Ethics and Law	Semester 1	30
SHN5123	Understanding Community Care	Semester 2	30
Level 6 Year 5 – With effect from: September 2025			
Core: You are required to take the following modules			
Module Code	Module Title	Semester	Credits
SHN6013	Professional Learning Through Work in Health, Social Care and Community Settings	Semester 1 & 2	30
CYP6053	Difficulties Families Face with Therapeutic Interventions	Semester 1 & 2	30
Level 6 Year 6 – With effect from: September 2025			
Core: You are required to take the following modules			
Module Code	Module Title	Semester	Credits
SHN6023	Mental Health Resilience and Recovery Across the Life Course in the 21 st Century	Semester 1	30
SHN6033	Independent Project	Semester 1 & 2	30

7 Pre-requisites

Modules students **must** study and achieve credit for before enrolling on a module at a higher level, or attaining their final programme award

N/A

8 Learning, Teaching and Assessment

The University's Learning, Teaching and Assessment Strategy informs the design of your programme. You can find more information about learning, teaching and

assessment for your programme (including information on Integrated Assessment) within the relevant Assessment Handbooks.

9 Entry requirements

Do the University's standard entry requirements apply?	Yes
Detail of any deviation from and/or addition to the University's standard entry requirements (if applicable)	N/A

10 Additional support needs

The programme values diversity within the student cohort and the benefits this brings in enriching the teaching environment. You will be encouraged to share your own interests, experiences, values, and beliefs so you can take an active role in shaping the learning experience. In line with contemporary health and social care practice the programme utilises a strengths-based approach which focuses on a collaborative process recognising students self-determination, personal resources, and assets as well as wider social and community networks within the University. Students with disabilities or other support needs are welcome and we have an extensive range of University systems to enable you to fully participate in the programme whether this be on campus or at your work-based learning placement, with reasonable adjustments made to accommodate individual needs.

Programme-specific requirements / unavoidable restrictions on participation in the programme
N/A

11 Technical Information

Awarding Body / Institution	Leeds Trinity University
Teaching institution	Leeds Trinity University
Parent School	School of Sport and Wellbeing
Department	
Professional accreditation body	N/A
Final award	BSc (Hons)

Title of programme(s)	Health and Social Care
Subsidiary award(s)	Certificate of Higher Education in Health Studies Diploma of Higher Education in Health Studies Ordinary Degree – BSc Health and Social Care
Honours type	Single
Duration and mode(s) of study	3 Years full-time 6 Years part-time
Month/year of approval of programme	June 2021
Periodic review due date	2025/26
HECoS subject code(s)	100473 Health Studies (25%) 100476 Health and Social Care (50%) 100501 Social Care (25%)
UCAS course code(s)	L590
SITS route codes	HLTASCO
Delivery venue(s)	Leeds Trinity University and franchised collaborative partners Global Banking School (GBS), Learning Development Training (LDT), Scholars School System (SSS), and Waltham International College (WIC)

12 Level Learning Outcomes

The grid below demonstrates where Level Learning Outcomes are assessed at module level and ensure that students are assessed in all Level Learning Outcomes at each level of their study.

Level 4	Assessed Level Learning Outcomes									
	K1	K2	K3	K4	K5	K6	I1	I2	P1	P2
	Disease & health-promotion	Values & inclusive health & social care	Psychological Theories	Person Centred Care	Health & Social Care Policy	Sociological Theories	Solving problems of social injustice	Health Data	Professional Values	Communication Strategies
SHN4013 Psychological Perspectives on Health and Wellbeing										
SHN4023 Social Influences on Health and Wellbeing										
SHN4033 Supporting People with Long-term Conditions										
SHN4043 Developing Values and Principles in Health and Social Care Practice**										

*Plus Placement

Level 5	Assessed level learning outcomes											
	K1	K2	K3	K4	K5	I1	I2	I3	I4	I5	P1	P2
	Multi-agency Health & Social Care Practice	Culturally Competent Practice	Research Methodologies	Assessing & Planning Care	Knowledge of Health & Social Care Policy	Usefulness of Research Methodologies	Empowerment, Advocacy, Strengths' Based Approaches	Ethical issues in research and practice	One's own Values & Beliefs	Evaluate Health & Social Care Policy	Communication Skills	Application of Health & Social Care Policy
SHN5013 Applying Health and Social Care Policy, Ethics and Law												
SHN5145 Multi-agency Practice												
CYP5045 Professional Placement												
CYP5073 Research Methods and Evidenced-based Practice												
SHN5123 Understanding Community Care												

Level 6															
	K1	K2	K3	K4	K5	K6	I1	I2	I3	I4	P1	P2	P3	P4	P5
	Research Paradigms & Methodologies	Policy & Legislation	Health Intelligence Data	Effective Interventions	Mental Health & Illness	Leadership, Enterprise, Management	Ideas & Arguments	Professional Judgement	Theory and Practice	Research & Practice Ethics	Psychological Interventions	Responsibility & Accountability	Equal Opportunities & Diversity	Project Management	Convey Information to different audiences
SHN6033 Independent Project															
SHN6013 Professional Learning Through Work in Health, Social Care and Community Settings **															
SHN6023 Mental Health Resilience and Recovery Across the Life															
CYP6053 Difficulties Families Face with Therapeutic Interventions															

** Plus Placement

13 Employability Outcomes

The grid below shows where Employability Outcomes are assessed. Students might not be assessed in all Employability Outcomes at each level of study. However, all Employability Outcomes will have been assessed by the end of the programme.

	Assessed Employability Skills								
	E1	E2	E3	E4	E5	E6	E7	E8	E9
	Self-management	Team working	Business & sector awareness	Problem solving	Communication	Numeracy	IT application	Enterprise	Social & cultural awareness
Level 4									
SHN4013 Psychological Perspectives on Health and Wellbeing									
SHN4023 Social Influences on Health and Wellbeing									
SHN4033 Supporting People with Long-term Conditions									
SHN4043 Developing Values and Principles in Health and Social Care Practice									
Level 5									
SHN5013 Applying Health and Social Care Policy, Ethics and Law									
SHN5145 Multi-agency Practice									
CYP5045 Professional Placement									
CYP5073 Research Methods and Evidenced-based Practice									
SHN5123 Understanding Community Care									
Level 6									

Applicable to programmes adopting Integrated Assessment and Level Learning Outcomes

18/07/23 SHN4043 running over semester 1 and 2 for franchised provision

SHN6033 Independent Project									
SHN6013 Professional Learning Through Work in Health, Social Care and Community Settings **									
SHN6023 Mental Health Resilience and Recovery Across the Life Century									
CYP6053 Difficulties Families Face with Therapeutic Interventions									

** Plus Placement