

**BSc (Hons) Sports Therapy and Rehabilitation with Foundation Year in Sport and Exercise****SPRTTRFY**

<b>Duration:</b>	4 years full-time
<b>Total credit rating:</b>	360
<b>Course code:</b>	BC61
<b>Award Aim:</b>	BSc (Hons) - 360 credits
<b>Subsidiary awards:</b>	Ordinary Degree (with Foundation Year) Sports Rehabilitation Dip HE (with Foundation Year) Sports Rehabilitation Cert HE (with Foundation Year) Sports Rehabilitation Foundation Certificate

**Foundation Year** – with effect from September 2023

Entry requirements: see Undergraduate Prospectus

<b>Core:</b>	<b>Students are required to take:</b>		
SHN3113	Academic Skills and Studying with Confidence	Sem 1 & 2	30 credits
SHN3103	Project	Sem 1 & 2	30 credits
SHN3123	Promoting Exercise, Physical Activity and Health	Sem 1 & 2	30 credits
SHN3133	Scientific Principles with Sport	Sem 1 & 2	30 credits

**Level 4** – with effect from September 2022

Progression Requirements: 120 credits from Foundation Year

<b>Core:</b>	<b>Students are required to take:</b>		
SHN4045	Introduction to Anatomy and Physiology	Sem 1	15 credits
SHN4035	Fundamentals of Human Movement	Sem 1	15 credits
SHN4065	Introduction to Sport Psychology	Sem 1	15 credits
SHN4015	Functional Anatomy for Sport and Exercise Therapy	Sem 1	15 credits
SHN4113	Skills for Sports Therapy#	Sem 2	30 credits
SHN4143	Professional Skills in Sport, Exercise and Health#	Sem 2	30 credits

**Level 5** – with effect from September 2022

Progression Requirements: 120 credits from Level 4

SHN5035	Physiology of Training	Sem 1	15 credits
SHN5173	Assessment and Management of Peripheral Injuries#	Sem 1	30 credits
SHN5103	Applying Professional Skills in Sport, Exercise and Health	Sem 1 & 2	30 credits
SHN5183	Sports Injury Rehabilitation#	Sem 2	30 credits
SHN5055	Research Methods and Enquiry	Sem 2	15 credits

**Level 6** – with effect from September 2023

Progression Requirements: 120 credits from Level 5

<b>Core:</b>	<b>Students are required to take:</b>		
SHN6033	Independent Project	Sem 1 & 2	30 credits
SHN6143	Professional Learning Through Work in Sport Sciences	Sem 1 & 2	30 credits
SHN6123	Sports Therapy in Practice	Sem 1	30 credits
SHN6203	Interventions and S&C in Rehabilitation	Sem 2	30 credits

# denotes modules that are a pre-requisite for progression to the following year:

- SHN4113 Skills for Sports Therapy
- SHN4143 Professional Skills in Sport, Exercise and Health
- SHN5085 Assessment and Management of Peripheral Injuries
- SHN5045 Sports Injury Rehabilitation

Please note that the above modules are core sports therapy modules and contain a practical component and therefore allow demonstration of safe and effective practice which is required by The Society of Sports Therapists before the student can progress to the subsequent academic year.