### BSc (Hons) SPORTS COACHING WITH FOUNDATION YEAR IN SPORT AND EXERCISE

**SPRTCFY** 

**Duration:** 4 years full-time

**Total credit rating:** 360 **Course code:** C610

Award Aim: BSc (Hons) - 360 credits

Subsidiary awards: Ordinary Degree - 300 credits

Dip HE - 240 credits Cert HE - 120 credits Foundation Certificate

# <u>Foundation Year</u> - with effect from September 2023

Please refer to the Prospectus for entry requirements

Core:	Students are required to take:		
SHN3113	Academic Skills and Studying with Confidence	Sem 1 & 2	30 credits
SHN3103	Project	Sem 1 & 2	30 credits
SHN3123	Promoting Exercise, Physical Activity and Health	Sem 1 & 2	30 credits
SHN3133	Scientific Principles within Sport	Sem 1 & 2	30 credits

## Level 4

Progression Requirements: 120 credits from Foundation Year

Core:	Students are required to take:		
SHN4053	Introduction to Coaching and Teaching	Sem 1	30 credits
SHN4063	Policy and Practice in Sport and Physical Education	Sem 1	30 credits
SHN4073	Sociology and Psychology of Physical Education and		
	Coaching	Sem 2	30 credits
SHN4083	Scientific Principles of Physical Education and Coaching	Sem 2	30 credits

#### Level 5

Progression requirements: 120 credits from Level 4

Core:	Students are required to take:		
SHN5033	Integrated Coaching and Assessment of Performance	Sem 1 & 2	30 credits
SHN5043	Professional Skills and Research in Sport	Sem 1 & 2	30 credits
SHN5015	Sport Psychology: Working with Stakeholders	Sem 1	15 credits
SHN5095	Growth and Development of the Athlete	Sem 1	15 credits
SHN5053	Coaching Pedagogy	Sem 2	30 credits

# **Level 6** – with effect from September 2023

Progression requirements: 120 credits from Level 5

Core:	Students are required to take:		
SHN6143	Professional Learning Through Work in Sport and		
	Exercise Sciences	Sem 1 & 2	30 credits
SHN6033	Independent Project	Sem 1 & 2	30 credits
SHN6053	Performance Coaching	Sem 1	30 credits
SHN6073	Development of the Profession and the Professional	Sem 2	30 credits