## BA (Hons) Physical Education and Sports Coaching with Foundation Year in Sport and Exercise

**Duration:** 4 years full-time

Total credit rating: 360 **UCAS** code: C601

Award aim: BA (Hons) 360 credits Subsidiary awards: DipHE (240 credits)

CertHE (120 credits) **Foundation Certificate** 

## Foundation Year - with effect from September 2023

Please refer to the Prospectus for entry requirements

Core:	Students are required to take:		
SHN3113	Academic Skills and Studying with Confidence	Sem 1 & 2	30 credits
SHN3103	Project	Sem 1 & 2	30 credits
SHN3123	Promoting Exercise, Physical Activity and Health	Sem 1 & 2	30 credits
SHN3133	Scientific Principles within Sport	Sem 1 & 2	30 credits

## Level 4

Progression Requirements: 120 credits from Foundation Year

Core:	Students are required to take:		
SHN4053	Introduction to Coaching and Teaching	Sem 1	30 credits
SHN4063	Policy and Practice in Sport and Physical Education	Sem 1	30 credits
SHN4073	Sociology and Psychology of Physical Education		
	and Coaching	Sem 2	30 credits
SHN4083	Scientific Principles of Physical Education and Coaching	Sem 2	30 credits

## Level 5

Progression Requirements: 120 credits from Level 4

Core:	Students are required to take:		
SHN5073	Applied Pedagogy - Models Based Practice	Sem 1	30 credits
SHN5033	Integrated Coaching and Assessment of Performance	Sem 1&2	30 credits
SHN5083	Applied Scientific Principles within Physical Education		
	and Coaching	Sem 2	30 credits
SHN5093	Applying Professional Skills in Physical Education		
	and School Sport	Sem 2	30 credits

**Level 6** - with effect from: September 2023

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Progression Requirements: 120 credits from Level 5						
Core:	Students are required to take:					
SHN6033	Independent Project	Sem 1&2	30 credits			
SHN6233	Professional Learning through Work in PE	Sem 1 & 2	30 credits			
Option:	Students are required to choose 30 credits from the following modules*					
SHN6053	Performance Coaching	Sem 1	30 credits			
SHN6093	Inclusive Physical Education and School Sport	Sem 1	30 credits			
Option:	Students are required to choose 30 credits from the following modules*					
SHN6073	Development of the Profession and the Professional	Sem 2	30 credits			
SHN6103	Contemporary Debates in Physical Education and					
	School Sport	Sem 2	30 credits			
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<sup>\*</sup>Note: Students to select one module from Semester 1 and one module from Semester 2 (2 x 30 credit option modules in total to equal 60 credits)