

**BSc (Hons) SPORTS COACHING WITH FOUNDATION YEAR IN SPORT AND HEALTH****SPTCWFY**

<b>Duration:</b>	4 years full-time
<b>Total credit rating:</b>	360
<b>Course code:</b>	C610
<b>Award Aim:</b>	BSc (Hons) - 360 credits
<b>Subsidiary awards:</b>	Ordinary Degree - 300 credits Dip HE - 240 credits Cert HE - 120 credits Foundation Certificate

**Foundation Year**

Entry requirements: see Undergraduate Prospectus

<b>Core:</b>	<b>Students are required to take:</b>		
SHN3113	Academic Skills and Studying with Confidence	Sem 1&2	30 credits
SHN3103	Project	Sem 1&2	30 credits
SHN3013	Being Healthy in a Modern World	Sem 1&2	30 credits
SHN3003	Introduction to Sport and Exercise	Sem 1&2	30 credits

**Level 4** – with effect from September 2021

Progression Requirements: 120 credits from Foundation Year

<b>Core:</b>	<b>Students are required to take:</b>		
SHN4053	Introduction to Coaching and Teaching	Sem 1	30 credits
SHN4063	Policy and Practice in Sport and Physical Education	Sem 1	30 credits
SHN4073	Sociology and Psychology of Physical Education and Coaching	Sem 2	30 credits
SHN4083	Scientific Principles of Physical Education and Coaching	Sem 2	30 credits

**Level 5** – with effect from September 2022

Progression requirements: 120 credits from Level 4

<b>Core:</b>	<b>Students are required to take:</b>		
SHN5033	Integrated Coaching and Assessment of Performance	Sem 1 & 2	30 credits
SHN5043	Professional Skills and Research in Sport	Sem 1 & 2	30 credits
SHN5015	Sport and Exercise Psychology	Sem 1	15 credits
SHN5095	Growth and Development of the Athlete	Sem 1	15 credits
SHN5053	Coaching Pedagogy	Sem 2	30 credits

**Level 6**

Progression requirements: 120 credits from Level 5

<b>Core:</b>	<b>Students are required to take:</b>		
SHN6352	Skill Acquisition and Motor Control	Sem 1	20 credits
SHN6312	Management and Development of Sports Coaching	Sem 2	20 credits
SHN6342	Professional Practice in Coaching	Sem 2	20 credits
SHN6164	Dissertation	Sem 1&2	40 credits
<b>Option:</b>	<b>Students are required to choose 20 credits from:</b>		
SHN6362	Performance Coaching	Sem 1	20 credits
BMM6302	Entrepreneurship and Creativity	Sem 1&2	20 credits
SHN6192	Professional Learning Through Work	Sem 1&2	20 credits
SHN6402	Exercise Referral***	Sem 2	20 credits

\*\*\*An additional REPS endorsed Level 3 Exercise Referral qualification can be gained alongside this module subject to students having Level 2 Gym Instructor equivalent.

**Level 6** – with effect from September 2023

Progression requirements: 120 credits from Level 5

<b>Core:</b>	<b>Students are required to take:</b>		
SHN6143	Professional Learning Through Work	Sem 1 & 2	30 credits
SHN6033	Independent Project	Sem 1 & 2	30 credits
SHN6053	Performance Coaching	Sem 1	30 credits
SHN6073	Development of the Profession and the Professional	Sem 2	30 credits