

**BA (Hons) Physical Education and Sports Coaching with Foundation Year in Sport and Health****PEDSCFY**

|                             |   |
|-----------------------------|---|
| <b>Duration:</b>            | 4 years full-time   |
| <b>Total credit rating:</b> | 360   |
| <b>UCAS code:</b>           | C601  |
| <b>Award aim:</b>           | BA (Hons) 360 credits   |
| <b>Subsidiary awards:</b>   | DipHE (240 credits)<br>CertHE (120 credits)<br>Foundation Certificate |

**Foundation Year** - with effect from September 2019

Please refer to prospectus for entry requirements

|              |  |           |            |
|--------------|--|-----------|------------|
| <b>Core:</b> | <b>Students are required to take:</b>        |           |            |
| SHN3113      | Academic Skills and Studying with Confidence | Sem 1 & 2 | 30 credits |
| SHN3103      | Project                                      | Sem 1 & 2 | 30 credits |
| SHN3013      | Being Healthy in a Modern World              | Sem 1 & 2 | 30 credits |
| SHN3003      | Introduction to Sport and Exercise           | Sem 1 & 2 | 30 credits |

**Level 4** with effect from September 2021

Progression Requirements: 120 credits from Foundation Year

|              |   |       |            |
|--------------|---|-------|------------|
| <b>Core:</b> | <b>Students are required to take:</b>                       |       |            |
| SHN4053      | Introduction to Coaching and Teaching                       | Sem 1 | 30 credits |
| SHN4063      | Policy and Practice in Sport and Physical Education         | Sem 1 | 30 credits |
| SHN4073      | Sociology and Psychology of Physical Education and Coaching | Sem 2 | 30 credits |
| SHN4083      | Scientific Principles of Physical Education and Coaching    | Sem 2 | 30 credits |

**Level 5** - with effect from September 2022

Progression Requirements: 120 credits from Level 4

|              |  |         |            |
|--------------|--|---------|------------|
| <b>Core:</b> | <b>Students are required to take:</b>                                |         |            |
| SHN5073      | Applied Pedagogy - Models Based Practice                             | Sem 1   | 30 credits |
| SHN5033      | Integrated Coaching and Assessment of Performance                    | Sem 1&2 | 30 credits |
| SHN5083      | Applied Scientific Principles within Physical Education and Coaching | Sem 2   | 30 credits |
| SHN5093      | Applying Professional Skills in Physical Education and School Sport  | Sem 2   | 30 credits |

**Level 6**

Progression Requirements: 120 credits from Level 5

|              |   |         |            |
|--------------|---|---------|------------|
| <b>Core:</b> | <b>Students are required to take:</b>   |         |            |
| SHN6012      | Contemporary Debates in PE and Coaching | Sem 2   | 20 credits |
| SHN6164      | Dissertation                            | Sem 1&2 | 40 credits |

**Option:** **Students are required to choose 20 credits from:**

|         |                                   |       |            |
|---------|-----------------------------------|-------|------------|
| SHN6002 | Inclusive Physical Education      | Sem 1 | 20 credits |
| SHN6342 | Professional Practice in Coaching | Sem 2 | 20 credits |

**Options:** **Students are required to choose 40 credits from the following:**

|         |                                   |       |            |
|---------|-----------------------------------|-------|------------|
| SHN6302 | Applied Strength and Conditioning | Sem 2 | 20 credits |
|---------|-----------------------------------|-------|------------|

|         |                                    |         |            |
|---------|------------------------------------|---------|------------|
| SHN6282 | Community Sport Development        | Sem 2   | 20 credits |
| SHN6192 | Professional Learning Through Work | Sem 1&2 | 20 credits |
| BMM6302 | Entrepreneurship and Creativity    | Sem 1&2 | 20 credits |
| SHN6402 | Exercise Referral***               | Sem 2   | 20 credits |

\*\*\*An additional REPS endorsed L3 Exercise Referral qualification can be gained alongside this module subject to students having L2 Gym Instructor equivalent

**Level 6** - with effect from: September 2023

Progression Requirements: 120 credits from Level 5

**Core: Students are required to take:**

|         |  |         |            |
|---------|--|---------|------------|
| SHN6033 | Independent Project                            | Sem 1&2 | 30 credits |
| SHN6083 | Working in Physical Education and School Sport | Sem 1&2 | 30 credits |

**Option: Students are required to choose 30 credits from the following modules\***

|         |   |       |            |
|---------|---|-------|------------|
| SHN6103 | Contemporary Debates in Physical Education and School Sport | Sem 2 | 30 credits |
| SHN6053 | Performance Coaching  | Sem 1 | 30 credits |

**Option: Students are required to choose 30 credits from the following modules\***

|         |  |       |            |
|---------|--|-------|------------|
| SHN6093 | Inclusive Physical Education and School Sport      | Sem 1 | 30 credits |
| SHN6073 | Development of the Profession and the Professional | Sem 2 | 30 credits |

**\*Note:** Students to select one module from Semester 1 and one module from Semester 2 (2 x 30 credit option modules in total to equal 60 credits)