

BSc (Hons) Sports Therapy and Rehabilitation**SPTHARB**

Duration:	3 years full-time / 6 years part-time
Total credit rating:	360
Course code:	C630
Award Aim:	BSc (Hons) - 360 credits
Subsidiary awards:	Dip HE Sports Rehabilitation Cert HE Sports Rehabilitation Ordinary Degree Sports Rehabilitation

Level 4 - with effect from September 2021

Entry requirements: see Undergraduate Prospectus

Core:	Students are required to take:		
SHN4093	Assessing Psychological and Physiological Needs in Sport, Exercise and Health	Sem 1	30 credits
SHN4103	Fundamentals in Sport, Exercise and Health	Sem 1	30 credits
SHN4113	Skills for Sports Therapy [#]	Sem 2	30 credits
SHN4143	Professional Skills in Sport, Exercise and Health [#]	Sem 2	30 credits

Level 5 – with effect from September 2019

Progression Requirements: 120 credits from Level 4

Core:	Students are required to take:		
SHN5152	Professional Development and Placement*	Sem 1 & 2	20 credits
SHN5272	Strength and Conditioning in Practice	Sem 1	20 credits
SHN5142	Research Methods 2*	Sem 2	20 credits
SHN5282	Principles of Exercise Rehabilitation 1*	Sem 2	20 credits
SHN5292	Injury Treatment Modalities 1	Sem 2	20 credits
SHN5042	Sport Psychology: Principles of Practice	Sem 1	20 credits

*represents modules taken in year 4 of part-time route

Level 5 – with effect from September 2022

Progression Requirements: 120 credits from Level 4

SHN5035	Physiology of Training	Sem 1	15 credits
SHN5085	Assessment and Management of Peripheral Injuries [#]	Sem 1	30 credits
SHN5103	Applying Professional Skills in Sport, Exercise and Health	Sem 1 & 2	30 credits
SHN5045	Sports Injury Rehabilitation [#]	Sem 2	30 credits
SHN5055	Research Methods and Enquiry	Sem 2	15 credits

Level 6 – with effect from September 2020

Progression Requirements: 120 credits from Level 5

Core:	Students are required to take:		
SHN6164	Dissertation*	Sem 1 & 2	40 credits
BMM6302	Entrepreneurship and Creativity*	Sem 1 & 2	20 credits
SHN6392	Principles of Exercise Rehabilitation 2	Sem 1	20 credits
SHN6372	Injury Treatment Modalities 2	Sem 2	20 credits

Option:	Students are required to choose 20 credits from:		
SHN6192	Professional Learning Through Work	Sem 1 & 2	20 credits
SHN6402	Exercise Referral	Sem 2	20 credits
SHN6352	Skill Acquisition and Motor Control	Sem 1	20 credits
SHN6382	Clinical Movement Screening and Correction	Sem 2	20 credits

*represents modules taken in year 6 of part-time route

Level 6 – with effect from September 2023

Progression Requirements: 120 credits from Level 5

Core:	Students are required to take:		
SHN6033	Independent Project	Sem 1 & 2	30 credits
SHN6143	Professional Learning Through Work	Sem 1 & 2	30 credits
SHN6123	Sports Therapy in Practice	Sem 1	30 credits
SHN6203	Interventions and S&C in Rehabilitation	Sem 2	30 credits

denotes modules which contain a practical component and therefore allow demonstration of safe and effective practice which is required by The Society of Sports Therapists before the student can progress to the subsequent academic year.

Part time route for students registered from September 2021

Level 4 Year 1 – With effect from: September 2021

Core:	Students are required to take:		
SHN4093	Assessing Psychological and Physiological Needs in Sport, Exercise and Health	Sem 1	30 credits
SHN4143	Professional Skills in Sport, Exercise and Health [#]	Sem 2	30 credits

Level 4 Year 2 – With effect from: September 2022

Core:	Students are required to take:		
SHN4103	Fundamentals in Sport, Exercise and Health	Sem 1	30 credits
SHN4113	Skills for Sports Therapy [#]	Sem 2	30 credits

Level 5 Year 3 – With effect from: September 2023

Core:	Students are required to take:		
SHN5085	Assessment and Management of Peripheral Injuries [#]	Sem 1	30 credits
SHN5045	Sports Injury Rehabilitation [#]	Sem 2	30 credits

Level 5 Year 4 – With effect from: September 2024

Core:	Students are required to take:		
SHN5035	Physiology of Training	Sem 1	15 credits
SHN5055	Research Methods and Enquiry	Sem 2	15 credits
SHN5103	Applying Professional Skills in Sport, Exercise and Health	Sem 1 & 2	30 credits

Level 6 Year 5 – With effect from: September 2025

Core:	Students are required to take:		
SHN6123	Sports Therapy in Practice	Sem 1	30 credits
SHN6203	Interventions and S&C in Rehabilitation	Sem 2	30 credits

Level 6 Year 6 – With effect from: September 2026

Core:	Students are required to take:		
SHN6033	Independent Project	Sem 1 & 2	30 credits
SHN6143	Professional Learning Through Work	Sem 1 & 2	30 credits

denotes modules which contain a practical component and therefore allow demonstration of safe and effective practice which is required by The Society of Sports Therapists before the student can progress to the subsequent academic year.

Part Time NO CURRENT PT STUDENTS**Year 1****Core: ~~Students are required to take:~~**

SHN4282	Anatomy and Physiology	Sem 1	20 credits
SHN4312	Performance Analysis	Sem 2	20 credits
SHN4212	Soft Tissue Techniques	Sem 2	20 credits

Year 2 with effect from September 2019**Core: ~~Students are required to take:~~**

SHN4992	Ethics Society and Employability*	Sem 1 & 2	20 credits
SHN4112	Sport Injury and Musculoskeletal Assessment*	Sem 1	20 credits
SHN4142	Research Methods*	Sem 2	20 credits

Year 3 with effect from September 2020**Core: ~~Students are required to take:~~**

SHN5042	Sport Psychology: Principles of Practice	Sem 1	20 credits
SHN5272	Strength and Conditioning in Practice	Sem 1	20 credits
SHN5292	Injury Treatment Modalities 1	Sem 2	20 credits

Year 4 with effect from September 2021**Core: ~~Students are required to take:~~**

SHN5152	Professional Development and Placement	Sem 1 & 2	20 credits
SHN5142	Research Methods 2	Sem 2	20 credits
SHN5282	Principles of Exercise Rehabilitation 1	Sem 2	20 credits

Year 5 with effect from September 2022**Core: ~~Students are required to take:~~**

SHN6392	Principles of Exercise Rehabilitation 2	Sem 1	20 credits
SHN6372	Injury Treatment Modalities 2	Sem 2	20 credits

Option: ~~Students are required to choose 20 credits from:~~

SHN6192	Professional Learning Through Work	Sem 1 & 2	20 credits
SHN6402	Exercise Referral	Sem 2	20 credits
SHN6352	Skill Acquisition and Motor Control	Sem 1	20 credits
SHN6382	Clinical Movement Screening and Correction	Sem 2	20 credits

Year 6 with effect from September 2023**Core: ~~Students are required to take:~~**

SHN6164	Dissertation	Sem 1 & 2	40 credits
BMM6302	Entrepreneurship and Creativity	Sem 1 & 2	20 credits