

BSc (Hons) SPORTS COACHING WITH FOUNDATION YEAR IN SPORT AND HEALTH**SPTCWFY**

Duration:	4 years full-time
Total credit rating:	360
Course code:	C610
Award Aim:	BSc (Hons) - 360 credits
Subsidiary awards:	Ordinary Degree - 300 credits Dip HE - 240 credits Cert HE - 120 credits Foundation Certificate

Foundation Year

Entry requirements: see Undergraduate Prospectus

Core:	Students are required to take:		
SHN3113	Academic Skills and Studying with Confidence	Sem 1&2	30 credits
SHN3103	Project	Sem 2	30 credits
SHN3013	Being Healthy in a Modern World	Sem 1&2	30 credits
SHN3003	Introduction to Sport and Exercise	Sem 1&2	30 credits

Level 4 – with effect from September 2021

Progression Requirements: 120 credits from Foundation Year

Core:	Students are required to take:		
SHN4053	Introduction to Coaching and Teaching	Sem 1	30 credits
SHN4063	Policy and Practice in Sport and Physical Education	Sem 1	30 credits
SHN4073	Sociology and Psychology of Physical Education and Coaching	Sem 2	30 credits
SHN4083	Scientific Principles of Physical Education and Coaching	Sem 2	30 credits

Level 5

Progression requirements: 120 credits from Level 4

Core:	Students are required to take:		
SHN5202	Coaching and Assessment of Performance	Sem 1	20 credits
SHN5042	Sport Psychology: Principles of Practice	Sem 1	20 credits
SHN5142	Research Methods 2	Sem 2	20 credits
SHN5332	Coaching Pedagogy	Sem 2	20 credits
Option:	Students are required to choose 20 credits from:		
SHN5152	Professional Development and Placement 2	Sem 1&2	20 credits
SHN5162	Volunteering	Sem 1&2	20 credits
Option:	Students are required to choose 20 credits from:		
SHN5342	Growth and Development of The Athlete	Sem 1	20 credits
SHN5302	Advanced Training Methods**	Sem 2	20 credits

***An additional REPS endorsed Level 3 Personal Training qualification can be gained alongside this module subject to students having Level 2 Gym Instructor equivalent.*

Level 5 – with effect from September 2022

Progression requirements: 120 credits from Level 4

Core:	Students are required to take:		
SHN5033	Integrated Coaching and Assessment of Performance	Sem 1 & 2	30 credits
SHN5043	Professional Skills and Research in Sport	Sem 1 & 2	30 credits
SHN5015	Sport and Exercise Psychology	Sem 1	15 credits
SHN5095	Growth and Development of the Athlete	Sem 1	15 credits
SHN5053	Coaching Pedagogy	Sem 2	30 credits

Level 6

Progression requirements: 120 credits from Level 5

Core:	Students are required to take:		
SHN6352	Skill Acquisition and Motor Control	Sem 1	20 credits
SHN6312	Management and Development of Sports Coaching	Sem 2	20 credits
SHN6342	Professional Practice in Coaching	Sem 2	20 credits
SHN6164	Dissertation	Sem 1&2	40 credits
Option:	Students are required to choose 20 credits from:		
SHN6362	Performance Coaching	Sem 1	20 credits
BMM6302	Entrepreneurship and Creativity	Sem 1&2	20 credits
SHN6192	Professional Learning Through Work	Sem 1&2	20 credits
SHN6402	Exercise Referral***	Sem 2	20 credits

***An additional REPS endorsed Level 3 Exercise Referral qualification can be gained alongside this module subject to students having Level 2 Gym Instructor equivalent.

Level 6 – with effect from September 2023

Progression requirements: 120 credits from Level 5

Core:	Students are required to take:		
SHN6143	Professional Learning Through Work	Sem 1 & 2	30 credits
SHN6033	Independent Project	Sem 1 & 2	30 credits
SHN6053	Performance Coaching	Sem 1	30 credits
SHN6073	Development of the Profession and the Professional	Sem 2	30 credits