

**BA (Hons) Physical Education and Sports Coaching****PHSEDSC**

<b>Duration:</b>	3 years full-time/6 years part-time
<b>Total credit rating:</b>	360
<b>UCAS code:</b>	C602
<b>Award aim:</b>	BA (Hons) - 360 credits
<b>Subsidiary awards:</b>	DipHE - 240 credits CertHE - 120 credits

**Level 4** - with effect from September 2021

Please see prospectus for entry requirements

**Core: Students are required to take:**

SHN4053	Introduction to Coaching and Teaching	Sem 1	30 credits
SHN4063	Policy and Practice in Sport and Physical Education	Sem 1	30 credits
SHN4073	Sociology and Psychology of Physical Education and Coaching	Sem 2	30 credits
SHN4083	Scientific Principles of Physical Education and Coaching	Sem 2	30 credits

**Level 5** – with effect from September 2020

Progression Requirements: 120 credits from Level 4

**Core: Students are required to take:**

SHN5142	Research Methods 2	Sem 2	20 credits
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**Options:** Students must select 20 credits from each group, from Groups 1-3 no more than 2 modules from Physical Education or Sports Coaching should be taken.

**Group 1:****Option: Students are required to choose 20 credits from:**

SHN5022	Physical Activity for Health	Sem 1	20 credits
SHN5042	Sport Psychology: Principles of Practice	Sem 1	20 credits

**Group 2:****Option: Students are required to choose 20 credits from:**

SHN5202	Coaching and Assessment of Performance	Sem 1	20 credits
SHN5032	Scientific Principles of Physical Education: Biomechanics	Sem 2	20 credits

**Group 3:****Option: Students are required to choose 20 credits from:**

SHN5012	Applied Pedagogy in Physical Education	Sem 1	20 credits
SHN5332	Coaching Pedagogy	Sem 2	20 credits

**Group 4:****Option: Students are required to choose 20 credits from:**

SHN5152	Professional Development and Placement 2	Sem 1&2	20 credits
SHN5162	Volunteering in SHN	Sem 1&2	20 credits

**Group 5:****Option: Students are required to choose a further 20 credits from:**

SHN5272	Strength and Conditioning in Practice	Sem 1	20 credits
SHN5242	Event Management	Sem 2	20 credits
SHN5342	Growth and Development of the Athlete	Sem 1	20 credits
SHN5302	Advanced Training Methods**	Sem 2	20 credits

\*\*An additional REPS endorsed L3 Personal Training qualification can be gained alongside this module subject to students having L2 Gym Instructor equivalent

**Level 5** - with effect from September 2022

Progression Requirements: 120 credits from Level 4

<b>Core:</b>	<b>Students are required to take:</b>		
SHN5073	Applied Pedagogy - Models Based Practice	Sem 1	30 credits
SHN5033	Integrated Coaching and Assessment of Performance	Sem 1&2	30 credits
SHN5083	Applied Scientific Principles within Physical Education and Coaching	Sem 2	30 credits
SHN5093	Applying Professional Skills in Physical Education and School Sport	Sem 2	30 credits

**Level 6** – with effect from September 2021

Progression Requirements: 120 credits from Level 5

<b>Core:</b>	<b>Students are required to take:</b>		
SHN6012	Contemporary Debates in PE	Sem 2	20 credits
SHN6164	Dissertation	Sem 1&2	40 credits
<b>Option:</b>	<b>Students are required to choose 20 credits from:</b>		
SHN6002	Inclusive Physical Education	Sem 1	20 credits
SHN6342	Professional Practice in Coaching	Sem 2	20 credits
<b>Options:</b>	<b>Students are required to choose 40 credits from the following:</b>		
SHN6302	Applied Strength and Conditioning	Sem 2	20 credits
SHN6282	Community Sport Development	Sem 2	20 credits
SHN6192	Professional Learning Through Work	Sem 1&2	20 credits
BMM6302	Entrepreneurship and Creativity	Sem 1&2	20 credits
SHN6402	Exercise Referral***	Sem 2	20 credits

\*\*\*An additional REPS endorsed L3 Exercise Referral qualification can be gained alongside this module subject to students having L2 Gym Instructor equivalent

**Level 6** - with effect from: September 2023

Progression Requirements: 120 credits from Level 5

<b>Core:</b>	<b>Students are required to take:</b>		
SHN6033	Independent Project	Sem 1&2	30 credits
SHN6083	Working in Physical Education and School Sport	Sem 1&2	30 credits
<b>Option:</b>	<b>Students are required to choose 30 credits from the following modules*</b>		
SHN6103	Contemporary Debates in Physical Education and School Sport	Sem 1	30 credits
SHN6053	Performance Coaching	Sem 1	30 credits
<b>Option:</b>	<b>Students are required to choose 30 credits from the following modules*</b>		
SHN6093	Inclusive Physical Education and School Sport	Sem 2	30 credits
SHN6073	Development of the Profession and the Professional	Sem 2	30 credits

\*Note: Students to select one module from Semester 1 and one module from Semester 2 (2 x 30 credit option modules in total to equal 60 credits)

**Part-Time****Level 4**

Please see prospectus for entry requirements

Year 1 - with effect from September 2021**Core: Students are required to take:**

SHN4063	Policy and Practice in Sport and Physical Education	Sem 1	30 credits
SHN4083	Scientific Principles of Physical Education and Coaching	Sem 2	30 credits

Year 2 - with effect from September 2022

SHN4053	Introduction to Coaching and Teaching	Sem 1	30 credits
SHN4073	Sociology and Psychology of Physical Education and Coaching	Sem 2	30 credits

**Level 5**

Progression Requirements: 120 credits from Level 4

Year 3 - with effect from September 2023**Core: Students are required to take:**

SHN5033	Integrated Coaching and Assessment of Performance	Sem 1&2	30 credits
SHN5093	Applying Professional Skills in Physical Education and School Sport	Sem 2	30 credits

Year 4 - with effect from September 2024**Core: Students are required to take:**

SHN5073	Applied Pedagogy - Models Based Practice	Sem 1	30 credits
SHN5083	Applied Scientific Principles within Physical Education and Coaching	Sem 2	30 credits

**Level 6**

Progression Requirements: 120 credits from Level 5

Year 5 - with effect from September 2025**Core: Students are required to take:**

SHN6083	Working in Physical Education and School Sport	Sem 1&2	30 credits
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**Option: Students are required to choose 30 credits from the following modules\***

SHN6103	Contemporary Debates in Physical Education and School Sport	Sem 1	30 credits
SHN6053	Performance Coaching	Sem 1	30 credits

Year 6 - with effect from September 2026**Core: Students are required to take:**

SHN6033	Independent Project	Sem 1&2	30 credits
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**Option: Students are required to choose 30 credits from the following modules\***

SHN6093	Inclusive Physical Education and School Sport	Sem 2	30 credits
SHN6073	Development of the Profession and the Professional	Sem 2	30 credits

\*Note: Students to select one module from Semester 1 and one module from Semester 2 (2 x 30 credit option modules in total to equal 60 credits)