

Changes to your course for Academic Year 2020/2021 due to COVID-19:

Foundation Year in Sport and Health

In light of the ongoing impact of COVID-19, we have reviewed all courses to build in additional flexibility to ensure learning and teaching can be delivered in a variety of circumstances during the Academic Year 2020/21. Please see below for information about how your course is being adapted.

In the Academic Year 2020/21 your course will be delivered via a blend of learning and teaching which will take place on campus and through online platforms and materials. We estimate that approximately a quarter of your course will be delivered through on-campus teaching in Semester 1, with the rest delivered online, including through virtual classrooms in Microsoft Teams, our virtual learning environment (Moodle) and other online materials and tasks. There will, however, be variations for some courses. Once finalised in the coming weeks, your timetable will provide more information about your teaching sessions. Our on-campus teaching has been shaped around our social distancing system which has naturally reduced the campus capacity. However, when circumstances allow, we will aim to relax distancing measures and offer further teaching on campus.

Foundation Year Programmes approach

Learning and teaching for all Foundation Year courses will be delivered through a blended learning approach, involving small group teaching delivered on campus and online learning, which will include virtual classroom teaching through Microsoft Teams. Online teaching will include pre-preparation in the form of an introduction to the week's activities, pre-recorded lectures, timetabled virtual classes using Microsoft Teams and follow-up reflective activities to test and consolidate your learning. You will also have tutorials with your lecturers and your personal tutor which may be delivered either on campus or using Microsoft Teams.

Your course includes two modules designed to explore key issues, concepts, theories and technologies in your subject area. In order to help you to complete these modules successfully, you will also study an online module devoted to developing your academic skills and confidence in academic study. You will complete the year by choosing a topic of your interest from your subject area and develop this in the form of a project. These modules are designed to support your development and confidence in preparation for Level 4 study. The course changes for Levels 4, 5 and 6 can be found in the [Undergraduate section of the programme of study catalogue](#).

You will engage in a variety of learning and teaching methods and activities including, for example, active learning through student-led enquiry, directed activities to support your learning, research tasks, practical sessions and collaborative projects. You will use the Virtual Learning Platform (Moodle) for a range of activities, including accessing lecture videos, presentations and discussion forums. We will also direct you to the online library resources and help you to make the best use of wider online resources and software. We are keen for you to receive a student experience that provides some on-campus teaching supported by online delivery, with the opportunity for you to meet both your lecturers and fellow students regularly.

Module changes in more detail

Course	Level	Module code and name	Change
Foundation Year in Sport and Health	Foundation	SHN3003 Introduction to Sport and Exercise	Amendment to Learning Outcome 2 to enable a theoretical application of fitness tests in place of tests being carried out with an individual.

			Adjustment to learning and teaching methods to reflect that lab sessions, field-based activities and practical sport and exercise activities may not be able to take place. Students will apply knowledge to a practical setting through discussion and engagement with taught material.
	Foundation	SHN3013 Being Healthy in the Modern World	Assessment changed: From 'Group Work Visual Storyboard' to 'Individual Visual Story Board'. Adjustment to learning and teaching methods to reflect that practical activities may not be able to take place.

Get in touch

If you have any questions about your course you can contact us at: HOSAdmin@leedstrinity.ac.uk