BSc (Hons) Sports Therapy and Rehabilitation with Foundation Year in Sport and Health

STHRWFY

Duration: 4 years full-time

Total credit rating: 360 **Course code:** BC61

Award Aim: BSc (Hons) - 360 credits

Subsidiary awards: Ordinary Degree (with Foundation Year) - 300 credits

Dip HE (with Foundation Year) - 240 credits Cert HE (with Foundation Year) -120 credits

Foundation Certificate

Foundation Year

Entry requirements: see Undergraduate Prospectus

| Core: | Students are required to take: | | |
|---------|--|-----------|------------|
| SHN3113 | Academic Skills and Studying with Confidence | Sem 1 & 2 | 30 credits |
| SHN3103 | Project | Sem 2 | 30 credits |
| SHN3013 | Being Healthy in a Modern World | Sem 1 & 2 | 30 credits |
| SHN3003 | Introduction to Sport and Exercise | Sem 1 & 2 | 30 credits |

Level 4

SHN6382

Progression Requirements: 120 credits from Foundation Year

| Core: | Students are required to take: | | |
|---------|---|-----------|------------|
| SHN4992 | Ethics Society and Employability | Sem 1 & 2 | 20 credits |
| SHN4282 | Anatomy and Physiology | Sem 1 | 20 credits |
| SHN4112 | Sport Injury and Musculoskeletal Assessment | Sem 1 | 20 credits |
| SHN4312 | Performance Analysis | Sem 2 | 20 credits |
| SHN4142 | Research Methods | Sem 2 | 20 credits |
| SHN4212 | Soft Tissue Techniques | Sem 2 | 20 credits |
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Level 5 – with effect from September 2019

| Core: | Students are required to take: | | |
|---------|--|-----------|------------|
| SHN5152 | Professional Development and Placement | Sem 1 & 2 | 20 credits |
| SHN5272 | Strength and Conditioning in Practice | Sem 1 | 20 credits |
| SHN5142 | Research Methods 2 | Sem 2 | 20 credits |
| SHN5282 | Principles of Exercise Rehabilitation 1 | Sem 2 | 20 credits |
| SHN5292 | Injury Treatment Modalities 1 | Sem 2 | 20 credits |
| SHN5042 | Sport Psychology: Principles of Practice | Sem 1 | 20 credits |

Level 6 – with effect from September 2020

| <u>-ever-v</u> with effect from september 2020 | | | | |
|--|--|-----------|------------|--|
| Core: | Students are required to take: | | | |
| SHN6164 | Dissertation | Sem 1 & 2 | 40 credits | |
| BMM6302 | Entrepreneurship and Creativity | Sem 1 & 2 | 20 credits | |
| SHN6392 | Principles of Exercise Rehabilitation 2 | Sem 1 | 20 credits | |
| SHN6372 | Injury Treatment Modalities 2 | Sem 2 | 20 credits | |
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| Option: | Students are required to choose 20 credits from: | | | |
| SHN6192 | Professional Learning Through Work | Sem 1 & 2 | 20 credits | |
| SHN6402 | Exercise Referral | Sem 2 | 20 credits | |
| SHN6352 | Skill Acquisition and Motor Control | Sem 1 | 20 credits | |
| | | | | |

Sem 2

20 credits

Clinical Movement Screening and Correction