BSc (Hons) SPORTS COACHING WITH FOUNDATION YEAR IN SPORT AND HEALTH

SPTCWFY

Duration: 4 years full-time
Total credit rating: 360
Course code: C610
Award Aim: BSc (Hons) - 360 credits
Subsidiary awards: Ordinary Degree - 300 credits
                        Dip HE - 240 credits
                        Cert HE - 120 credits
                        Foundation Certificate

<u>**Foundation Year**</u> – with effect from September 2018
Entry requirements: see Undergraduate Prospectus

Core:	Students are required to take:		
SHN3113	Academic Skills and Studying with Confidence	Sem 1&2	30 credits
SHN3103	Project	Sem 2	30 credits
SHN3013	Being Healthy in a Modern World	Sem 1&2	30 credits
SHN3003	Introduction to Sport and Exercise	Sem 1&2	30 credits

<u>**Level 4**</u>
Progression Requirements: 120 credits from Foundation Year

Core:	Students are required to take:		
SHN4022	Introduction to Teaching and Coaching	Sem 1	20 credits
SHN4382	Ethics, Society and Employability	Sem 1&2	20 credits
SHN4012	Policy and Practice in Sport and Physical Education	Sem 1	20 credits
SHN4032	Sociology and Psychology of Physical Education and Sports Coaching	Sem 2	20 credits
Option:	**Students are required to choose 20 credits from:**		
SHN4532	Analysing Sport	Sem 1	20 credits
SHN4502	Health and Fitness*	Sem 2	20 credits
Option:	**Students are required to choose 20 credits from:**		
SHN4282	Anatomy and Physiology*	Sem 1	20 credits
SHN4042	Scientific Principles of Physical Education and Sports Coaching: Anatomy and Physiology	Sem 2	20 credits

An Additional REPS endorsed Level 2 Gym Instructor qualification can be gained subject to students selecting both SHN4502 and SHN4282. Remaining students will select SHN4042 and one other option.

Integrated Assessment: At the end of Semester 1 and 2 of Level 4, students will undertake an integrated assessment which draws on learning from across three different modules from the programme.

In Semester 1 students will complete an assessment integrating content from Ethics, Society, and Employability (SHN4382; 15% from 20 credits) with content from Introduction to Teaching and Coaching (SHN4022; 20% from 20 credits).

In Semester 2 students will complete a second assessment integrating content from Ethics, Society, and Employability (SHN4382; 15% from 20 credits) with content from Sociology and Psychology of Physical Education and Sports Coaching (SHN4032; 20% from 20 credits).

In total, integrated assessment, comprising two assessed tasks in Semesters 1 and 2, draws on 20% of 20 credits from SHN4022, 20% of 20 credits from SHN4032, and 30% of 20 credits from SHN4382.

Level 5
Progression requirements: 120 credits from Level 4

Core:	Students are required to take:		
SHN5202	Coaching and Assessment of Performance	Sem 1	20 credits
SHN5042	Sport Psychology: Principles of Practice	Sem 1	20 credits
SHN5142	Research Methods 2	Sem 2	20 credits
SHN5332	Coaching Pedagogy	Sem 2	20 credits

Option:	Students are required to choose 20 credits from:		
SHN5152	Professional Development and Placement 2	Sem 1&2	20 credits
SHN5162	Volunteering	Sem 1&2	20 credits

Option:	Students are required to choose 20 credits from:		
SHN5342	Growth and Development of The Athlete	Sem 1	20 credits
SHN5302	Advanced Training Methods**	Sem 2	20 credits

**An additional REPS endorsed Level 3 Personal Training qualification can be gained alongside this module subject to students having Level 2 Gym Instructor equivalent.

Level 6
Progression requirements: 120 credits from Level 5

Core:	Students are required to take:		
SHN6352	Skill Acquisition and Motor Control	Sem 1	20 credits
SHN6312	Management and Development of Sports Coaching	Sem 2	20 credits
SHN6342	Professional Practice in Coaching	Sem 2	20 credits
SHN6164	Dissertation	Sem 1&2	40 credits

Option:	Students are required to choose 20 credits from:		
SHN6362	Performance Coaching	Sem 1	20 credits
BMM6302	Entrepreneurship and Creativity	Sem 1&2	20 credits
SHN6192	Professional Learning Through Work	Sem 1&2	20 credits
SHN6402	Exercise Referral***	Sem 2	20 credits

***An additional REPS endorsed Level 3 Exercise Referral qualification can be gained alongside this module subject to students having Level 2 Gym Instructor equivalent.