

## Changes to your course for Academic Year 2020/2021 due to COVID-19: BSc (Hons) Exercise, Health and Nutrition

In light of the ongoing impact of COVID-19, we have reviewed all courses to build in additional flexibility to ensure learning and teaching can be delivered in a variety of circumstances during the Academic Year 2020/21. Please see below for information about how your course is being adapted.

In the Academic Year 2020/21 your course will be delivered via a blend of learning and teaching which will take place on campus and through online platforms and materials. We estimate that approximately a quarter of your course will be delivered through on-campus teaching in Semester 1, with the rest delivered online, including through virtual classrooms in Microsoft Teams, our virtual learning environment (Moodle) and other online materials and tasks. There will, however, be variations for some courses. Once finalised in the coming weeks, your timetable will provide more information about your teaching sessions. Our on-campus teaching has been shaped around our social distancing system which has naturally reduced the campus capacity. However, when circumstances allow, we will aim to relax distancing measures and offer further teaching on campus.

### Approach to teaching and learning in the Department of Sport, Health and Physical Education

We offer a large amount of practical activity within most of our Sport, Health and Physical Education undergraduate courses. This is an integral part of many modules and contributes both competency-based learning and practical context within which theory can be learned, applied and assessed. In our approach to blended delivery in Academic Year 2020/21, the online content will complement the on-campus delivery, ensuring you are both prepared for on-campus teaching and are able to utilise this on-campus delivery to enhance your subsequent learning. In addition, we will seek to ensure you have access to 'live' staff expertise and support through digital platforms to help build a community of learning for all students.

Online teaching will see virtual classroom sessions in Microsoft Teams 'sandwiched' between structured preparation activities and follow-up tasks to reinforce learning. Teams, Moodle and Panopto will be used as appropriate to provide a range of learning materials, opportunities for engagement with other students (eg via small group work) and tutors, and to create tasks for you to undertake alone and with others. We will ensure that each week you are aware of what is expected and how best to access materials and content and engage in learning activities. You will also have tutorials with your lecturers and your personal tutor which may be delivered either on campus or using Microsoft Teams.

### Module changes in more detail

Course	Level	Module code and name	Change
<b>BSc (Hons) Exercise Health and Nutrition</b>	4	SHN4282 Anatomy and Physiology	Adjustment to teaching, learning and Learning Outcomes so that they are not laboratory dependent. Assessment changed: From one 90-minute exam to four 30-minute Online exams.
	4	SHN4502	Adjustment to Learning Outcome 3 to include demonstrating key coaching points and considerations for the planned session. Assessment changed:

			<ul style="list-style-type: none"> <li>Component 1 removed and Learning Outcome 3 to be assessed as part of the Case Study. This will now include a pass/fail appendix.</li> </ul>
<b>BSc (Hons) Exercise Health and Nutrition</b>	5	SHN5302 Advanced Training Methods	<p>Amendment to Learning Outcome 3 to remove reference to 'deliver' (a coaching session).</p> <p>Assessment changed:</p> <ul style="list-style-type: none"> <li>From two components Individual Viva and Practical Assessment to one 4,000 word case study.</li> </ul>
<b>BSc (Hons) Exercise Health and Nutrition</b>	6	SHN6402 Exercise Referral	<p>Assessment changed:</p> <ul style="list-style-type: none"> <li>From: Two components (Practical Assessment and 3,000 word Case Study) to 4,000 word Case Study to incorporate the inclusion of assessment of Learning Outcome 3.</li> </ul>

## Get in touch

If you have any questions about your course you can contact us at: [HOSAdmin@leedstrinity.ac.uk](mailto:HOSAdmin@leedstrinity.ac.uk)