

BA (Hons) Physical Education with Foundation Year in Sport and Health**PHYEWFY**

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| Duration: | 4 years full-time |
| Total credit rating: | 360 |
| Course Code: | XC36 |
| Award: | BA (Hons) - 360 credits |
| Subsidiary awards: | Ordinary Degree (with Foundation Year) - 300 credits DipHE (with Foundation Year) - 240 credits CertHE (with Foundation Year) - 120 credits Foundation Certificate |

Foundation Year

Please refer to prospectus for entry requirements

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| Core: | Students are required to take: | | |
| SHN 3113 | Academic Skills and Studying with Confidence | Sem 1 & 2 | 30 credits |
| SHN 3103 | Project | Sem 2 | 30 credits |
| SHN 3013 | Being Healthy in a Modern World | Sem 1 & 2 | 30 credits |
| SHN 3003 | Introduction to Sport and Exercise | Sem 1 & 2 | 30 credits |

Level 4

Please refer to prospectus for entry requirements

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| Core: | Students are required to take: | | |
| SHN 4022 | Introduction to Teaching and Coaching | Sem 1 | 20 Credits |
| SHN 4382 | Ethics, Society and Employability | Sem 1 & 2 | 20 Credits |
| SHN 4012 | Policy and Practice in Sport and Physical Education | Sem 1 | 20 Credits |
| SHN 4032 | Sociology and Psychology of Physical Education and Sports Coaching | Sem 2 | 20 Credits |
| Option: | Students are required to choose 20 credits from: | | |
| SHN 4532 | Analysing Sport | Sem 1 | 20 Credits |
| SHN 4502 | Health and Fitness* | Sem 2 | 20 Credits |
| Option: | Students are required to choose 20 credits from: | | |
| SHN 4282 | Anatomy and Physiology* | Sem 1 | 20 Credits |
| SHN 4042 | Scientific Principles of Physical Education and Sports Coaching: Anatomy and Physiology | Sem 2 | 20 Credits |

**NB An additional REPS endorsed Level2 Gym Instructor qualification can be gained subject to students selecting both SHN4502 and SHN4282. Remaining students will select SHN4042 and one other option.*

Integrated Assessment: At the end of Semester 1 and 2 of Level 4, students will undertake an integrated assessment which draws on learning from across three different modules from the programme.

In Semester 1 students will complete an assessment integrating content from Ethics, Society, and Employability (SHN4382; 15% from 20 credits) with content from Introduction to Teaching and Coaching (SHN4022; 20% from 20 credits).

In Semester 2 students will complete a second assessment integrating content from Ethics, Society, and Employability (SHN4382; 15% from 20 credits) with content from Sociology and Psychology of Physical Education and Sports Coaching (SHN4032; 20% from 20 credits).

In total, integrated assessment, comprising two assessed tasks in Semesters 1 and 2, draws on 20% of 20 credits from SHN4022, 20% of 20 credits from SHN4032, and 30% of 20 credits from SHN4382.

Level 5

Progression requirements: 120 credits from Level 4

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| Core: | Students are required to take: | | |
| SHN 5012 | Applied Pedagogy in Physical Education | Sem 1 | 20 Credits |
| SHN 5022 | Physical Activity for Health | Sem 1 | 20 Credits |
| SHN 5032 | Scientific Principles of Physical Education: Biomechanics | Sem 2 | 20 Credits |
| SHN 5142 | Research Methods | Sem 2 | 20 Credits |
| Option: | Students must select 20 credits from the following: | | |
| SHN 5152 | Professional Development and Placement 2 | Sem 1 & 2 | 20 Credits |
| SHN 5162 | Volunteering | Sem 1 & 2 | 20 Credits |
| Option: | Students must select 20 credits from the following: | | |
| SHN 5272 | Strength and Conditioning in Practice | Sem 1 | 20 Credits |
| SHN 5242 | Event Management | Sem 2 | 20 Credits |
| SHN 5302 | Advanced Training Methods** | Sem 2 | 20 Credits |

*** An additional REPS endorsed Level 3 Personal Training qualification can be gained alongside this module subject to students having Level 2 Gym Instructor equivalent*

Level 6

Progression requirements: 120 credits from Level 5

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| Core: | Students are required to take: | | |
| SHN 6002 | Inclusive Physical Education | Sem 1 | 20 Credits |
| SHN 6012 | Contemporary Debates in PE | Sem 2 | 20 Credits |
| SHN 6164 | Dissertation | Sem 1 & 2 | 40 Credits |
| Options: | Students must select 40 credits from the following: | | |
| SHN 6302 | Applied Strength and Conditioning | Sem 2 | 20 Credits |
| SHN 6282 | Community Sport Development | Sem 2 | 20 Credits |
| SHN 6192 | Professional Learning Through Work | Sem 1 & 2 | 20 Credits |
| SHN 6402 | Exercise Referral*** | Sem 2 | 20 Credits |
| BMM 6302 | Entrepreneurship and Creativity | Sem 1 & 2 | 20 Credits |

**** An additional REPS endorsed Level 3 Personal Training qualification can be gained alongside this module subject to students having Level 2 Gym Instructor equivalent*