

**BA (Hons) Physical Education and Sports Coaching with Foundation Year in Sport and Health****PEDSCFY**

<b>Duration:</b>	4 years full-time
<b>Total credit rating:</b>	360
<b>UCAS code:</b>	C601
<b>Award aim:</b>	BA (Hons) 360 credits
<b>Subsidiary awards:</b>	DipHE (240 credits) CertHE (120 credits) Foundation Certificate

**Foundation Year** - with effect from September 2019

Please refer to prospectus for entry requirements

<b>Core:</b>	<b>Students are required to take:</b>		
SHN3113	Academic Skills and Studying with Confidence	Sem 1 & 2	30 credits
SHN3103	Project	Sem 2	30 credits
SHN3013	Being Healthy in a Modern World	Sem 1 & 2	30 credits
SHN3003	Introduction to Sport and Exercise	Sem 1 & 2	30 credits

**Level 4**

Progression Requirements: 120 credits from Foundation Year

<b>Core:</b>	<b>Students are required to take:</b>		
SHN4022	Introduction to Teaching and Coaching	Sem 1	20 credits
SHN4382	Ethics, Society and Employability	Sem 1&2	20 credits
SHN4012	Policy and Practice in Sport and Physical Education	Sem 1	20 credits
SHN4032	Sociology and Psychology of Physical Education and Sports Coaching	Sem 2	20 credits
<b>Option:</b>	<b>Students are required to choose 20 credits from:</b>		
SHN4532	Analysing Sport	Sem 1	20 credits
SHN4502	Health and Fitness*	Sem 2	20 credits
<b>Option:</b>	<b>Students are required to choose 20 credits from:</b>		
SHN4282	Anatomy and Physiology*	Sem 1	20 credits
SHN4042	Scientific Principles of PE and Coaching: Anatomy and Physiology	Sem 2	20 credits

\*Nb. An additional REPS endorsed L2 Gym Instructor qualification can be gained subject to students selecting both SHN4502 and SHN4282. Remaining students will select SHN4042 and one other option.

**Integrated Assessment:** At the end of Semester 1 and 2 of Level 4, students will undertake an integrated assessment which draws on learning from across three different modules from the programme.

In Semester 1 students will complete an assessment integrating content from Ethics, Society, and Employability (SHN4382; 15% from 20 credits) with content from Introduction to Teaching and Coaching (SHN4022; 20% from 20 credits).

In Semester 2 students will complete a second assessment integrating content from Ethics, Society, and Employability (SHN4382; 15% from 20 credits) with content from Sociology and Psychology of Physical Education and Sports Coaching (SHN4032; 20% from 20 credits).

In total, integrated assessment, comprising two assessed tasks in Semesters 1 and 2, draws on 20% of 20 credits from SHN4022, 20% of 20 credits from SHN4032 and 30% of 20 credits from SHN4382.

**Level 5**

Progression Requirements: 120 credits from Level 4

<b>Core:</b>	<b>Students are required to take:</b>		
SHN5142	Research Methods 2	Sem 2	20 credits

**Options:** Students must select 20 credits from each group, from Groups 1-3 no more than 2 modules from Physical Education or Sports Coaching should be taken.

**Group 1:**

<b>Option:</b>	<b>Students are required to choose 20 credits from:</b>		
SHN5022	Physical Activity for Health	Sem 1	20 credits
SHN5262	Sport Psychology: Theory to Practice	Sem 1	20 credits

**Group 2:**

<b>Option:</b>	<b>Students are required to choose 20 credits from:</b>		
SHN5202	Coaching and Assessment of Performance	Sem 1	20 credits
SHN5032	Scientific Principles of Physical Education: Biomechanics	Sem 2	20 credits

**Group 3:**

<b>Option:</b>	<b>Students are required to choose 20 credits from:</b>		
SHN5012	Applied Pedagogy in Physical Education	Sem 1	20 credits
SHN5332	Coaching Pedagogy	Sem 2	20 credits

**Group 4:**

<b>Option:</b>	<b>Students are required to choose 20 credits from:</b>		
SHN5152	Professional Development and Placement 2	Sem 1&2	20 credits
SHN5162	Volunteering in SHN	Sem 1&2	20 credits

**Group 5:**

<b>Option:</b>	<b>Students are required to choose a further 20 credits from:</b>		
SHN5272	Strength and Conditioning in Practice	Sem 1	20 credits
SHN5242	Event Management	Sem 2	20 credits
SHN5342	Growth and Development of the Athlete	Sem 1	20 credits
SHN5302	Advanced Training Methods**	Sem 2	20 credits

\*\*An additional REPS endorsed L3 Personal Training qualification can be gained alongside this module subject to students having L2 Gym Instructor equivalent

**Level 6**

Progression Requirements: 120 credits from Level 5

<b>Core:</b>	<b>Students are required to take:</b>		
SHN6012	Contemporary Debates in PE	Sem 2	20 credits
SHN6164	Dissertation	Sem 1&2	40 credits
<b>Option:</b>	<b>Students are required to choose 20 credits from:</b>		
SHN6002	Inclusive Physical Education	Sem 1	20 credits
SHN6342	Professional Practice in Coaching	Sem 2	20 credits
<b>Options:</b>	<b>Students are required to choose 40 credits from the following:</b>		
SHN6302	Applied Strength and Conditioning	Sem 2	20 credits
SHN6282	Community Sport Development	Sem 2	20 credits
SHN6192	Professional Learning Through Work	Sem 1&2	20 credits
BMM6302	Entrepreneurship and Creativity	Sem 1&2	20 credits
SHN6402	Exercise Referral***	Sem 2	20 credits

\*\*\*An additional REPS endorsed L3 Exercise Referral qualification can be gained alongside this module subject to students having L2 Gym Instructor equivalent