

MSc HEALTH AND WELLBEING - with effect from September 2018**HLWELB**

Duration:	1 or 1.5 years full-time / 2 or 2.5 years part-time
Total credit rating:	180 (90 ECTS)
Award aim:	Master of Science (MSc) 180 credits
Subsidiary awards:	Postgraduate Diploma 120 credits Postgraduate Certificate 60 credits

Full Time – with effect from September 2018

SHN7002	Context, Consensus and Controversy in Health and Wellbeing	Sem 1	20 credits
SHN7012	Mental Health and Wellbeing in Contemporary Society	Sem 1	20 credits
SHN7072	Research Practice	Sem 2	20 credits
SHN7092	Weight Management: Social and Behavioural Aspects	Sem 2	20 credits

Option: Students are required to choose 40 credits from:

SHN7062	The Healthy Environment	Sem 1	20 credits
SHN7082	Workplace Wellbeing	Sem 1	20 credits
SHN7042	Healthy Ageing	Sem 2	20 credits
SHN7022	Contemporary Issues for Specific Populations	Sem 2	20 credits

Progression Requirements: Students must have completed 120 credits before commencing the Dissertation or Work Based Project.

Core: Students are required to choose one of the two 60 credit options for study either Summer after Semester 2, or Year 2 Semester 1.

SHN7016	Dissertation	Sem 2/Summer [1yr FT]	60 credits
SHN7026	Work-Based Project	Sem 1 [1.5yr FT] Sem 2/Summer [1yr FT] Sem 1 [1.5yr FT]	60 credits

Part-time Year 1 - with effect from September 2018

Core: In Year 1, students are required to take:

SHN7002	Context, Consensus and Controversy in Health and Wellbeing	Sem 1	20 credits
SHN7012	Mental Health and Wellbeing in Contemporary Society	Sem 1	20 credits
SHN7072	Research Practice	Sem 2	20 credits
SHN7092	Weight Management: Social and Behavioural Aspects	Sem 2	20 credits

Part-time Year 2 - with effect from September 2019

Option: In Year 2, students are required to choose 40 credits from

SHN7062	The Healthy Environment	Sem 1	20 credits
SHN7082	Workplace Wellbeing	Sem 1	20 credits
SHN7042	Healthy Ageing	Sem 2	20 credits
SHN7022	Contemporary Issues for Specific Populations	Sem 2	20 credits

Progression Requirements: Students must have completed 120 credits before commencing the Dissertation or Work Based Project.

Core: Students are required to choose one of the two 60 credit options for study either Year 2 Semester 2, Year 2 Summer period, or Year 3 Semester 1.

SHN7016	Dissertation	Sem 2/Summer [2yr PT] Sem 1 [2.5yr PT]	60 credits
SHN7026	Work-Based Project	Sem 2/Summer [2yr PT] Sem 1 [2.5yr PT]	60 credits

MSc HEALTH AND WELLBEING - For students registered prior to September 2018

Duration:	2.5 years part-time 1.5 years full-time
Total credit rating:	180
Award aim:	Master of Science (MSc) 180 credits
Subsidiary awards:	Postgraduate Diploma 120 credits Postgraduate Certificate 60 credits

September start Sem 1 = Sept to Jan, Sem 2 = Feb to June**Full time study**

Core:	Students are required to take:	
SHN 7005	Context, Controversy and Consensus in Health and Wellbeing	Sem 1 15 credits
SHN 7035	Exercise Behaviour across the Lifespan	Sem 1 15 credits
SHN 7105	Professional Practice	Sem 1 15 credits
SHN 7075	Research Practice	Sem 1 15 credits
SHN 7015	Critical Analysis & Evaluation of International Health Strategies	Sem 2 15 credits
SHN 7065	The Healthy Environment	Sem 2 15 credits
SHN 7095	Weight Management: Social and Behavioural Aspects	Sem 2 15 credits

and are required to choose 15 credits from:

SHN 7045	Healthy Ageing	Sem 2 15 credits
SHN 7085	Workplace Wellbeing	Sem 2 15 credits
SHN 7055	Emotional Health and Wellbeing in Contemporary Society	Sem 2 15 credits

Dissertation for the award of MSc

Progression requirements: 120 credits

Core:	Students are required to take:	
SHN 7016	Dissertation	Sem 1 (year 2) 60 credits

Part time study**Year 1**

September start = semester 1 September to January

Core:	Students are required to take:	
SHN 7005	Context, Controversy and Consensus in Health and Wellbeing	Sem 1 15 credits
SHN 7035	Exercise Behaviour across the Lifespan	Sem 1 15 credits
SHN 7015	Critical Analysis & Evaluation of International Health Strategies	Sem 2 15 credits
SHN 7065	The Healthy Environment	Sem 2 15 credits

Year 2

Core:	Students are required to take:	
SHN 7105	Professional Practice	Sem 1 15 credits
SHN 7075	Research Practice	Sem 1 15 credits
SHN 7095	Weight Management: Social and Behavioural Aspects	Sem 2 15 credits

and are required to choose 15 credits from:

SHN 7045	Healthy Ageing	Sem 2	15 credits
SHN 7085	Workplace Wellbeing	Sem 2	15 credits
SHN 7055	Emotional Health and Wellbeing in Contemporary Society	Sem 2	15 credits

End of Year 2 for the award of MSc

Progression requirements: 120 credits

Core:

SHN 7016

Students are required to take:

Dissertation

Sem 1

(year 3) 60 credits