

**Sport and Exercise Sciences (Sports Psychology)**

**Duration:** 3 years full-time / 6 years part-time  
**Total credit rating:** 360  
**Course code:** C600  
**Award Aim:** BSc (Hons) – 360 credits  
**Subsidiary awards:** Dip HE – 240 credits  
 Cert HE – 120 credits

**Level 4 – no longer available for study – please see Sport and Exercise Sciences Programme****Level 5 – available for study 2016/17 only**

Progression requirements: 120 credits from Level 4, including a pass in SHN4000;

**Core:** Candidates are required to take:

SHN5222	Biomechanical Analysis of Performance	Sem 2	20 credits
SHN5202	Coaching and Assessment of Performance	Sem 1	20 credits
SHN5262	Sport Psychology: Theory to Practice	Sem 1	20 credits
SHN5172	Physiology of Training	Sem 2	20 credits
SHN5142	Research Methods 2	Sem 2	20 credits

and are required to choose 20 credits from:

SHN5152	Professional Development and Placement 2	Sem 1&2	20 credits
SHN5162	Volunteering in SHN	Sem 1 & 2	20 credits

**Level 6 – available for 2016/17 and 2017/18 only**

Progression requirements: 120 credits from Level 4 and 120 credits from Level 5.

**Core:** Candidates are required to take:

SHN6292	Applied Sport Psychology	Sem 1 & 2	20 credits
SHN6164	Dissertation	Sem 1 & 2	40 credits

and are required to choose 60 credits from:

SHN6222	Sports Injury	Sem 1	20 credits
SHN6212	Performance Physiology	Sem 1	20 credits
SHN6242	Applied Biomechanics and Movement Analysis	Sem 1	20 credits
SHN6202	Physical Activity and Behaviour Change	Sem 2	20 credits
PSY6462	Counselling Psychology	Sem 1 & 2	20 credits
SHN6192	Professional Learning through Work	Sem 1 & 2	20 credits