## HEALTH AND WELLBEING

Duration:	2.5 years part-time
	1.5 years full-time
Total credit rating:	180
Award aim:	180 credits Master of Science (MSc)
Subsidiary awards:	120 credits Postgraduate Diploma
-	60 credits Postgraduate Certificate

## September start Sem 1 = Sept to Jan, Sem 2 = Feb to June

## Full time study

Core:	candidates are required to take:			
SHN 7005	candidates are required to take:	Com 1	1E aradita	
	Context, Controversy and Consensus in Health and Wellbeing	Sem 1	15 credits	
SHN 7035	Exercise Behaviour across the Lifespan	Sem 1	15 credits	
SHN 7105	Professional Practice	Sem 1	15 credits	
SHN 7075	Research Practice	Sem 1	15 credits	
SHN 7015	Critical Analysis & Evaluation of International Health Strategies	Sem 2	15 credits	
SHN 7065	The Healthy Environment	Sem 2	15 credits	
SHN 7095	Weight Management: Social and Behavioural Aspects	Sem 2	15 credits	
and are required to	choose 15 credits from:			
SHN 7045	Healthy Ageing	Sem 2	15 credits	
SHN 7085	Workplace Wellbeing	Sem 2	15 credits	
SHN 7055	Emotional Health and Wellbeing in Contemporary Society	Sem 2	15 credits	
SHIN 7035	Emotional mealur and wellbeing in contemporary Society	Sem 2	15 credits	
Dissertation for the award of MSc				
Progression require	ments: 120 credits			
Core:	candidates are required to take:			
SHN 7016	Dissertation	Sem 1 (y	/ear 2) 60 credits	
Part time study				
Year 1				
September start = semester 1 September to January				
Core: candidate	es are required to take:			
SHN 7005	Context, Controversy and Consensus in Health and Wellbeing	Sem 1	15 credits	
SHN 7035	Exercise Behaviour across the Lifespan		15 credits	
SHN 7015			10 CIEUIIS	
		Sem 1		
	Critical Analysis & Evaluation of International Health Strategies	Sem 2	15 credits	
SHN 7065				
	Critical Analysis & Evaluation of International Health Strategies	Sem 2	15 credits	
SHN 7065 <u>Year 2</u>	Critical Analysis & Evaluation of International Health Strategies	Sem 2	15 credits	
SHN 7065 <u>Year 2</u>	Critical Analysis & Evaluation of International Health Strategies The Healthy Environment	Sem 2	15 credits	
SHN 7065 Year 2 Core: candidate SHN 7105	Critical Analysis & Evaluation of International Health Strategies The Healthy Environment es are required to take: Professional Practice	Sem 2 Sem 2 Sem 1	15 credits 15 credits 15 credits	
SHN 7065 <u>Year 2</u> Core: candidate SHN 7105 SHN 7075	Critical Analysis & Evaluation of International Health Strategies The Healthy Environment es are required to take: Professional Practice Research Practice	Sem 2 Sem 2 Sem 1 Sem 1	15 credits 15 credits 15 credits 15 credits	
SHN 7065 <u>Year 2</u> Core: candidate SHN 7105 SHN 7075 SHN 7095	Critical Analysis & Evaluation of International Health Strategies The Healthy Environment es are required to take: Professional Practice Research Practice Weight Management: Social and Behavioural Aspects	Sem 2 Sem 2 Sem 1	15 credits 15 credits 15 credits	
SHN 7065 Year 2 Core: candidate SHN 7105 SHN 7075 SHN 7095 and are required to	Critical Analysis & Evaluation of International Health Strategies The Healthy Environment es are required to take: Professional Practice Research Practice Weight Management: Social and Behavioural Aspects choose 15 credits from:	Sem 2 Sem 2 Sem 1 Sem 1 Sem 2	15 credits 15 credits 15 credits 15 credits 15 credits	
SHN 7065 Year 2 Core: candidate SHN 7105 SHN 7075 SHN 7095 and are required to SHN 7045	Critical Analysis & Evaluation of International Health Strategies The Healthy Environment es are required to take: Professional Practice Research Practice Weight Management: Social and Behavioural Aspects choose 15 credits from: Healthy Ageing	Sem 2 Sem 2 Sem 1 Sem 1 Sem 2 Sem 2	15 credits 15 credits 15 credits 15 credits 15 credits 15 credits	
SHN 7065 Year 2 Core: candidate SHN 7105 SHN 7075 SHN 7095 and are required to SHN 7045 SHN 7085	Critical Analysis & Evaluation of International Health Strategies The Healthy Environment es are required to take: Professional Practice Research Practice Weight Management: Social and Behavioural Aspects choose 15 credits from: Healthy Ageing Workplace Wellbeing	Sem 2 Sem 2 Sem 1 Sem 2 Sem 2 Sem 2	15 credits 15 credits 15 credits 15 credits 15 credits 15 credits 15 credits	
SHN 7065 Year 2 Core: candidate SHN 7105 SHN 7075 SHN 7095 and are required to SHN 7045	Critical Analysis & Evaluation of International Health Strategies The Healthy Environment es are required to take: Professional Practice Research Practice Weight Management: Social and Behavioural Aspects choose 15 credits from: Healthy Ageing	Sem 2 Sem 2 Sem 1 Sem 1 Sem 2 Sem 2	15 credits 15 credits 15 credits 15 credits 15 credits 15 credits	
SHN 7065 Year 2 Core: candidate SHN 7105 SHN 7075 SHN 7095 and are required to SHN 7045 SHN 7085 SHN 7055 End of Year 2 for t	Critical Analysis & Evaluation of International Health Strategies The Healthy Environment es are required to take: Professional Practice Research Practice Weight Management: Social and Behavioural Aspects choose 15 credits from: Healthy Ageing Workplace Wellbeing Emotional Health and Wellbeing in Contemporary Society he award of MSc	Sem 2 Sem 2 Sem 1 Sem 2 Sem 2 Sem 2	15 credits 15 credits 15 credits 15 credits 15 credits 15 credits 15 credits	
SHN 7065 Year 2 Core: candidate SHN 7105 SHN 7075 SHN 7095 and are required to SHN 7045 SHN 7085 SHN 7055	Critical Analysis & Evaluation of International Health Strategies The Healthy Environment es are required to take: Professional Practice Research Practice Weight Management: Social and Behavioural Aspects choose 15 credits from: Healthy Ageing Workplace Wellbeing Emotional Health and Wellbeing in Contemporary Society he award of MSc	Sem 2 Sem 2 Sem 1 Sem 2 Sem 2 Sem 2	15 credits 15 credits 15 credits 15 credits 15 credits 15 credits 15 credits	

Core:	candidates are required to take:
SHN 7016	Dissertation

.

Sem 1 (year 3) 60 credits