

HEALTH AND WELLBEING

HLWELB

Duration:	2.5 years part-time 1.5 years full-time
Total credit rating:	180
Award aim:	180 credits Master of Science (MSc)
Subsidiary awards:	120 credits Postgraduate Diploma 60 credits Postgraduate Certificate

September start Sem 1 = Sept to Jan, Sem 2 = Feb to June

Full time study

Core:	candidates are required to take:	
SHN 7005	Context, Controversy and Consensus in Health and Wellbeing	Sem 1 15 credits
SHN 7035	Exercise Behaviour across the Lifespan	Sem 1 15 credits
SHN 7105	Professional Practice	Sem 1 15 credits
SHN 7075	Research Practice	Sem 1 15 credits
SHN 7015	Critical Analysis & Evaluation of International Health Strategies	Sem 2 15 credits
SHN 7065	The Healthy Environment	Sem 2 15 credits
SHN 7095	Weight Management: Social and Behavioural Aspects	Sem 2 15 credits

and are required to choose 15 credits from:

SHN 7045	Healthy Ageing	Sem 2 15 credits
SHN 7085	Workplace Wellbeing	Sem 2 15 credits
SHN 7055	Emotional Health and Wellbeing in Contemporary Society	Sem 2 15 credits

Dissertation for the award of MSc

Progression requirements: 120 credits

Core:	candidates are required to take:	
SHN 7016	Dissertation	Sem 1 (year 2) 60 credits

Part time study**Year 1**

September start = semester 1 September to January

Core:	candidates are required to take:	
SHN 7005	Context, Controversy and Consensus in Health and Wellbeing	Sem 1 15 credits
SHN 7035	Exercise Behaviour across the Lifespan	Sem 1 15 credits
SHN 7015	Critical Analysis & Evaluation of International Health Strategies	Sem 2 15 credits
SHN 7065	The Healthy Environment	Sem 2 15 credits

Year 2

Core:	candidates are required to take:	
SHN 7105	Professional Practice	Sem 1 15 credits
SHN 7075	Research Practice	Sem 1 15 credits
SHN 7095	Weight Management: Social and Behavioural Aspects	Sem 2 15 credits

and are required to choose 15 credits from:

SHN 7045	Healthy Ageing	Sem 2 15 credits
SHN 7085	Workplace Wellbeing	Sem 2 15 credits
SHN 7055	Emotional Health and Wellbeing in Contemporary Society	Sem 2 15 credits

End of Year 2 for the award of MSc

Progression requirements: 120 credits

Core:	candidates are required to take:	
SHN 7016	Dissertation	Sem 1 (year 3) 60 credits