

NUTRITION, FOOD AND HEALTH (Single Honours)

(NUTFHSH)

Duration:	3 years full-time / 6 years part-time
Total credit rating:	360
Course code:	BD46
Award:	BSc (Hons) 360 credits
Subsidiary awards:	Dip HE 240 credits Cert HE 120 credits

Level 4

Please see the Prospectus for entry requirements.

Core:	Candidates are required to take:		
SHN4142	Research Methods 1	Sem 2	20 credits
SHN4232	Introduction to Food and Nutrition	Sem 1	20 credits
SHN4242	Food and Health	Sem 1	20 credits
SHN4252	Physiology and Nutritional Biochemistry	Sem 2	20 credits
SHN4262	Nutrition and Food Processing	Sem 2	20 credits
SHN4272	Professional Development and Placement 1	Sem 1 and 2	20 credits
SHN 4000	Programme Level Assessment	Sem 1&2	0 credits

Level 5

Progression requirements: minimum of 120 credits from Level 4, including a pass in SHN4000;

Core:	Candidates are required to take:		
SHN5102	Nutritional Biochemistry and Exercise for Health	Sem 1	20 credits
SHN5112	Food Safety and Food Quality	Sem 1	20 credits
SHN5122	Food Culture and Behaviour	Sem 2	20 credits
SHN5132	Promoting and Communicating Health Issues	Sem 2	20 credits
SHN5142	Research Methods 2	Sem 2	20 credits

and are required to choose 20 credits from:

SHN5152	Professional Development and Placement 2	Sem 1	20 credits
SHN5162	Volunteering in Sport, Health and Nutrition	Sem 1	20 credits

Level 6

Entry requirements: minimum of 120 credits from Level 4 and 120 credits from Level 5,

Core:	Candidates are required to take:		
SHN6102	Nutrition Across the Life Span	Sem 1	20 credits
SHN6132	Nutrition and Food In Industry	Sem 2	20 credits
SHN6142	Applied Nutrition	Sem 2	20 credits
SHN6164	Dissertation	Sem 1 and 2	40 credits

and are required to choose 20 credits from:

SHN6182	Healthy Weight: Practical Strategies	Sem 1	20 credits
SHN6192	Professional Learning through Work	Sem 1 and 2	20 credits

Candidates are not eligible to take any modules other than those stipulated above. This applies at all levels of the programme.