

HEALTH AND WELLBEING

HLWELB

Duration: 2.5 years part-time
1.5 years full-time
Total credit rating: 180
Award aim: 180 credits Master of Science (MSc)
Subsidiary awards: 120 credits Postgraduate Diploma
60 credits Postgraduate Certificate

September start Sem 1 = Sept to Jan, Sem 2 = Feb to June

Full time study – from 2014/15 entry

Core: candidates are required to take:

SHN 7005	Context, Controversy and Consensus in Health and Wellbeing	Sem 1	15 credits
SHN 7035	Exercise Behaviour across the Lifespan	Sem 1	15 credits
SHN 7105	Professional Practice	Sem 1	15 credits
SHN 7075	Research Practice	Sem 1	15 credits
SHN 7015	Critical Analysis & Evaluation of International Health Strategies	Sem 2	15 credits
SHN 7065	The Healthy Environment	Sem 2	15 credits
SHN 7095	Weight Management: Social and Behavioural Aspects	Sem 2	15 credits

and are required to choose 15 credits from:

SHN 7045	Healthy Ageing	Sem 2	15 credits
SHN 7085	Workplace Wellbeing	Sem 2	15 credits
SHN 7055	Emotional Health and Wellbeing in Contemporary Society	Sem 2	15 credits

Dissertation for the award of MSc

Progression requirements: 120 credits

Core: candidates are required to take:

SHN 7016	Dissertation	Sem 1 (year 2)	60 credits
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Part time study – from 2014/15 entry

Year 1

September start = semester 1 September to January

Core: candidates are required to take:

SHN 7005	Context, Controversy and Consensus in Health and Wellbeing	Sem 1	15 credits
SHN 7035	Exercise Behaviour across the Lifespan	Sem 1	15 credits
SHN 7015	Critical Analysis & Evaluation of International Health Strategies	Sem 2	15 credits
SHN 7065	The Healthy Environment	Sem 2	15 credits

Year 2

Core: candidates are required to take:

SHN 7105	Professional Practice	Sem 1	15 credits
SHN 7075	Research Practice	Sem 1	15 credits
SHN 7095	Weight Management: Social and Behavioural Aspects	Sem 2	15 credits

and are required to choose 15 credits from:

SHN 7045	Healthy Ageing	Sem 2	15 credits
SHN 7085	Workplace Wellbeing	Sem 2	15 credits
SHN 7055	Emotional Health and Wellbeing in Contemporary Society	Sem 2	15 credits

End of Year 2 for the award of MSc

Progression requirements: 120 credits

Core: candidates are required to take:

SHN 7016	Dissertation	Sem 1 (year 3)	60 credits
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Part Time study – prior to 2014/15 entry

AY 2015/16 Programme Structure

Year 1 – no longer available for study

Year 2

Core: candidates are required to take:

SHN7075	Research Practice	Sem 1	15 Credits
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and are required to choose 45 credits from:

SHN 7045	Healthy Ageing	Sem 1	15 credits
SHN 7105	Professional Practice	Sem 1	15 credits
SHN 7055	Emotional Health and Wellbeing in Contemporary Society	Sem 2	15 credits
SHN 7065	The Healthy Environment	Sem 2	15 credits
SHN 7085	Workplace Wellbeing	Sem 2	15 credits

End of Year 2 for the award of MSc

Progression requirements: 120 credits

Core: candidates are required to take:

SHN 7016	Dissertation	Sem 2	60 credits
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