

AY 2011/12 Programme Structure

SPORT & EXERCISE WITH PSYCHOLOGY

Duration: 3 years full-time/6 years part-time
Total credit rating: 360
UCAS code: C6C8

Level 4

Please refer to the Prospectus for entry requirements.

Core:	Candidates are required to take:		
SHL 4452	Psychology of Motor Performance	Sem 1&2	20 credits
SHN 4702	Professional Development and Placement 1	Sem 1&2	20 credits
SHN 4662	Research Methods and Exercise Physiology	Sem 1&2	20 credits
PSY 4262	Introduction to Cognitive and Biological Psychology	Sem 1&2	20 credits
PSY 4282	Individual Differences, Social and Developmental Psychology	Sem 1&2	20 credits
	Psychology		
<u>and are required to choose 20 credits from:</u>			
SHN 4612	Health and Well-being	Sem 1&2	20 credits
SHN 4722	Performance Analysis and Enhancement	Sem 1&2	20 credits

Level 5

Progression requirements:

Entry from 2012/13 onwards: 120 credits from level 4, or equivalent

Entry prior 2012/13: minimum of 100 credits from Level 4 including SHN4702 or equivalent

Core:	Candidates are required to take:		
SHL 5372	Sports Psychology and Coaching	Sem 1&2	20 credits
PSY 5042	Biological & Social Psychology	Sem 1&2	20 credits
PSY 5022	Cognitive & Developmental Psychology	Sem 1&2	20 credits
<u>and are required to choose 20 credits from:</u>			
SHL 5302	Research Methods/Health Development	Sem 1&2	20 credits
SHN 5852	Research Methods/Assessment of Sport	Sem 1&2	20 credits
<u>and are required to choose 20 credits from:</u>			
SHN 5722	Professional Development and Placement 2	Sem 1&2	20 credits
SHN 5692	Volunteering in SHN	Sem 1&2	20 credits
<u>and are required to choose 20 credits from:</u>			
SHL 5332	Physiology of Training 1/Community Fitness	Sem 1&2	20 credits
SHN 5672	Physiology of Training 1 and 2	Sem 1&2	20 credits
SHL 5362	Sport, Politics & History	Sem 1&2	20 credits

Level 6

Progression requirements:

Entry from 2013/14 onwards: 120 credits from Levels 4 and 5, or equivalent

Entry prior to 2013/14: minimum of 100 credits from Level 4 including SHN4702 or equivalent, and a minimum of 100 credits from Level 5 including SHN5722 or FAS5002, or equivalent.

Core:	Candidates are required to take:		
SHN 6602	Research Project	Sem 1&2	20 credits
SHN 6712	Applied Sport Psychology	Sem 1&2	20 credits
<u>and are required to choose 40 credits from:</u>			
PSY 6052	Aspects of Health Psychology	Sem 1&2	20 credits
PSY 6422	Biopsychology of Stress & Health	Sem 1&2	20 credits

PSY 6032	Psychology and Work	n/a 11/12	Sem 1&2	20 credits
PSY 6442	Psychology of Ageing	n/a 11/12	Sem 1&2	20 credits
PSY 6462	Counselling and Coaching Psychology		Sem 1&2	20 credits

and are required to choose 40 credits from:

SHL 6342	Sport in Society		Sem 1&2	20 credits
SHL 6352	Community Sport Development/Special Populations		Sem 1&2	20 credits
SHL 6362	Community Sport Development/Leisure Management		Sem 1&2	20 credits
SHL 6372	Leisure Studies/Leisure Management		Sem 1&2	20 credits
SHL 6412	Eating Disorders/Sports Nutrition		Sem 1&2	20 credits
SHL 6422	Elite Physiology/Sports Nutrition		Sem 1&2	20 credits
SHN 6722	Physical Activity & Health Trainer		Sem 1&2	20 credits
SHN 6742	Sport Injury/Sport Therapy		Sem 1&2	20 credits

NOTE: SHL 6422 may not be taken with SHL6412
SHL 6362 may not be taken with SHL6352
SHL 6372 may not be taken with SHL 6362