

FdA Workplace Wellbeing

Duration: 2 years full-time / 3–6 years part-time

Total credit rating: 240 points

Level 4 (formally Level 1)

Please refer to the Prospectus for entry requirements:

Core: Candidates are required to take:

Sequential delivery in this order:

FWB 4002	Introducing Workplace Wellbeing	(20 credits)
FWB 4032	Contemporary Issues in Workplace Wellbeing	(20 credits)
FWB 4022	Communicating Health & Wellbeing Messages	(20 credits)
FWB 4012	Enhancing Wellbeing: Working with Individuals	(20 credits)
FWB 4052	Workplace Wellbeing Intervention; Working with Individuals (Lifestyle)	(20 credits)
FWB 4042	Workplace Wellbeing Intervention; Working with Individuals (Mental Health & Wellbeing)	(20 credits)

Level 5 (formally Level 2)

Progression requirements: minimum of 100 credits from Level 1

Core: Candidates are required to take:

Sequential delivery – order may vary:

FWB 5002	Workplace Wellbeing: Organisational Perspectives	(20 credits)
FWB 5012	Enhancing Wellbeing: Working with Groups	(20 credits)
FWB 5022	Design, Delivery & Evaluation of Wellbeing Campaigns & Events	(20 credits)
FWB 5032	Workplace Wellbeing Intervention: Groups (Lifestyle)	(20 credits)
FWB 5042	Workplace Wellbeing Intervention: Campaign	(20 credits)
FWB 5052	Strategic & Sustainable Workplace Wellbeing	(20 credits)

Progression and award requirements

Students will be required to achieve at least 100 credits at Level 1 in order to progress to Level 2 of the programme.