

SPORT & EXERCISE WITH PSYCHOLOGY

Duration: 3 years full-time/6 years part-time
Total credit rating: 360
UCAS code: C6C8

Level 4 (formally Level 1)

Please refer to the Prospectus for entry requirements.

Core:	Candidates are required to take:		
SHL 4452	Psychology of Motor Performance	Sem 1&2	20 credits
SHN 4612	Health and Well-being	Sem 1&2	20 credits
SHN 4702	Professional Development and Placement 1	Sem 1&2	20 credits
SHN 4662	Research Methods and Exercise Physiology	Sem 1&2	20 credits
PSY 4262	Introduction to Cognitive and Biological Psychology	Sem 1&2	20 credits
PSY 4282	Individual Differences, Social and Developmental Psychology Psychology	Sem 1&2	20 credits

Level 5 (formally Level 2)

Progression requirements: minimum of 100 credits from Level 4 including SHN4702 (SHN1702) or equivalent

Core:	Candidates are required to take:		
SHL 5302	Research Methods/Health Development	Sem 1&2	20 credits
SHL 5372	Sports Psychology and Coaching	Sem 1&2	20 credits
PSY 5042	Biological & Social Psychology	Sem 1&2	20 credits
PSY 5022	Cognitive & Developmental Psychology	Sem 1&2	20 credits

and are required to choose 20 credits from:

SHN 5722	Professional Development and Placement 2	Sem 1&2	20 credits
FAS 5002	Volunteering	Sem 1&2	20 credits

and are required to choose 20 credits from:

SHL 5332	Physiology of Training 1/Community Fitness	Sem 1&2	20 credits
SHN 5672	Physiology of Training 1 and 2	Sem 1&2	20 credits
SHL 5362	Sport, Politics & History	Sem 1&2	20 credits

Level 6 (formally Level 3)

Progression requirements: minimum of 100 credits from Level 4 including SHN4702 (SHN1702) or equivalent, and a minimum of 100 credits from Level 5 including SHN5722 (SHN2722) or FAS5002 (FAS2002), or equivalent.

Core:	Candidates are required to take:		
SHN 6602	Research Project	Sem 1&2	20 credits
SHN 6712	Applied Sport Psychology	Sem 1&2	20 credits

and are required to choose 40 credits from:

PSY 6052	Aspects of Health Psychology	Sem 1&2	20 credits
PSY 6422	Biopsychology of Stress & Health	Sem 1&2	20 credits
PSY 6032	Psychology and Work	Sem 1&2	20 credits
PSY 6442	Psychology of Ageing	Sem 1&2	20 credits
PSY 6462	Counselling and Coaching Psychology	Sem 1&2	20 credits

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and are required to choose 40 credits from:

SHL 6472	Community Health Promotion	Sem 1&2	20 credits
SHL 6342	Sport in Society	Sem 1&2	20 credits
SHL 6352	Community Sport Development/Special Populations	Sem 1&2	20 credits
SHL 6362	Community Sport Development/Leisure Management	Sem 1&2	20 credits
SHL 6412	Eating Disorders/Sports Nutrition	Sem 1&2	20 credits

SHL 6422	Elite Physiology/Sports Nutrition	Sem 1&2	20 credits
SHN 6722	Physical Activity & Health Trainer	Sem 1&2	20 credits
SHN 6742	Sport Injury/Sport Therapy	Sem 1&2	20 credits

NOTE: SHL 6422 may not be taken with SHL6412
SHL 6362 may not be taken with SHL6352