

NUTRITION AND HEALTH WITH PSYCHOLOGY (Combined Honours)

Duration: 3 years full-time/6 years part-time
Total credit rating: 360
UCAS code: B4C8

Level 4 (formally Level 1)

Please refer to the prospectus for entry requirements:

Core:	Candidates are required to take:		
SHN 4612	Health and Well-being	Sem 1&2	20 credits
SHN 4622	Introduction to Food and Nutrition	Sem 1&2	20 credits
SHN 4662	Research Methods/Exercise Physiology	Sem 1& 2	20 credits
SHN 4702	Professional Development and Placement 1	Sem 1&2	20 credits
PSY 4262	Introduction to Cognitive and Biological Psychology	Sem 1&2	20 credits
PSY 4282	Individual Differences, Social and Developmental Psychology	Sem 1&2	20 credits

Level 5 (formally Level 2)

Progression requirements: minimum of 100 credits from Level 4, including SHN4702, or equivalent.

Core:	candidates are required to take:		
SHN 5662	Research Methods/ Nutrition and Exercise	Sem 1&2	20 credits
SHN 5682	Food Culture and behaviour	Sem 1&2	20 credits
PSY 5042	Biological and Social Psychology	Sem 1&2	20 credits
PSY 5022	Cognitive and Developmental Psychology	Sem 1&2	20 credits

and are required to choose 20 credits from:

SHN 5722	Professional Development and Placement 2	Sem 1&2	20 credits
FAS 5002	Volunteering	Sem 1&2	20 credits

and are required to choose 20 credits from:

SHN 5602	Nutritional Biochemistry	Sem 1&2	20 credits
SHN 5622	Promoting Nutrition/ Community Fitness	Sem 1&2	20 credits

Level 6 (formally Level 3)

Progression requirements: minimum of 100 credits from Level 4, including SHN4702 and 100 credits from Level 5 including SHN5722 or equivalent.

Core:	Candidates are required to take:		
SHN 6602	Research Project	Sem 1&2	20 credits
SHN 6612	Nutrition and Health Policies	Sem 1&2	20 credits

and are required to choose 40 credits from:

PSY 6052	Aspects of Health Psychology	Sem 1&2	20 credits
PSY 6032	Psychology and Work	Sem 1&2	20 credits
PSY 6422	Biopsychology of Stress & Health	Sem 1&2	20 credits
PSY 6412	Psychology and Advertising	Sem 1&2	20 credits
PSY 6442	Psychology of Ageing	Sem 1&2	20 credits
PSY 6462	Counselling and Coaching Psychology	Sem 1&2	20 credits

and are required to choose 40 credits from:

SHN 6622	Food Production and Manufacture	Sem 1&2	20 credits
SHN 6702	Eating Disorders/Gender, Age and Nutrition	Sem 1&2	20 credits
SHL 6472	Community Health Promotion	Sem 1&2	20 credits
SHL 6452	Promoting Young People's Health	Sem 1&2	20 credits
SHN 6722	Physical Activity & Health Trainer	Sem 1&2	20 credits
SHN 6902	Professional Learning Through Work	Sem 1 & 2	20 credits

Note: Candidates are eligible to study SHN6902 only if they gain a good pass in SHN5722 or FAS5002.